

LIBERATING STRUCTURE

- I. SELECT AN IMAGE THAT RESONATES WITH YOU. THE CONNECTION CAN BE LITERAL, EMOTIONAL, METAPHORICAL, AESTHETIC, OR INTUITIVE. REFLECT AND DECIDE HOW YOU WERE DRAWN TO THE IMAGE AND HOW DOES IT CONNECT TO YOUR IDENTITY.
- II. SHARE YOUR IMAGE: DESCRIBE WHAT YOU SEE AND EXPLAIN ITS CONNECTION TO YOU.

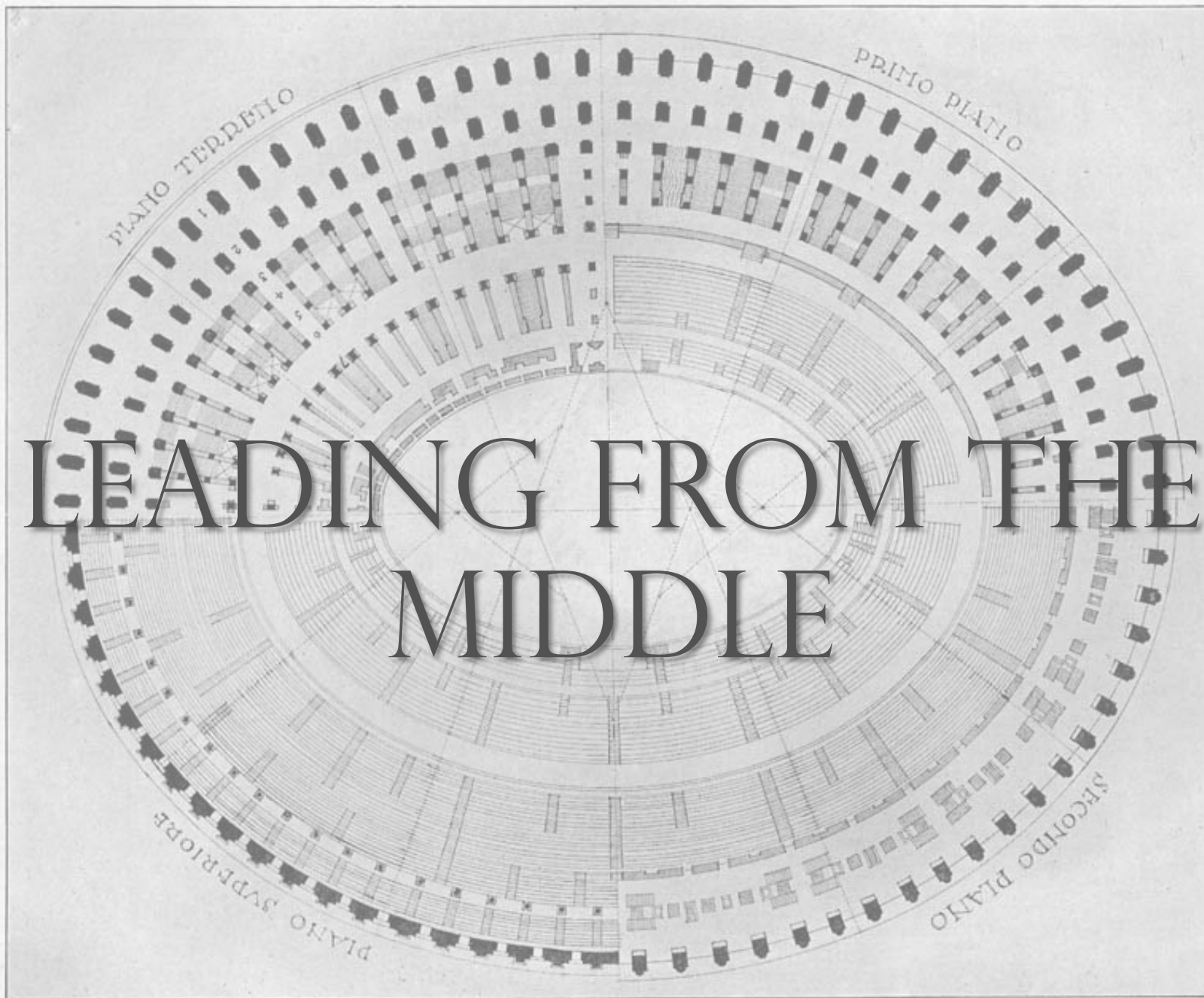


TEXAS COLLEGE OF
OSTEOPATHIC MEDICINE
CONCLAVE

OBJECTIVES

- SHARE CHALLENGES AND SUCCESSES WITH REGARD TO 'LEADING FROM THE MIDDLE' SO TO ESTABLISH A SHARED EXPERIENCE BETWEEN PARTICIPANTS.
- DISCUSS THE BELIEFS, ATTITUDES, AND BEHAVIORS ONE UNDERSTANDS TO BE THE ANSWER TO *SUCCESS* IN LEADERSHIP, REGARDLESS OF STATION OR STATURE.

CYNTHIA CARROLL, MA, LPC, CPPS



LEADING FROM THE MIDDLE

Fig. 12. - ANFITEATRO FLAVIO: PIANTA GENERALE DEI TRAVERTINI.



“I”

“ABOVE ALL, IT IS NECESSARY FOR A PERSON TO HAVE A TRUE SELF-ESTIMATE. FOR WE COMMONLY THINK WE CAN DO MORE, OR LESS, THAN WE REALLY CAN.”

SENECA

INFLUENCE

“I’M SO SMALL,” SAID THE MOLE. “YES,” SAID THE BOY, “BUT YOU MAKE A HUGE DIFFERENCE.”

CHARLES MACKESY

SINCERITY

“KINDNESS IS INVINCIBLE, BUT ONLY WHEN IT’S SINCERE, WITH NO HYPOCRISY OR FAKING. FOR WHAT CAN EVEN THE MOST MALICIOUS PERSON DO IF YOU KEEP SHOWING KINDNESS?”

MARCUS AURELIUS

DUTY

“WHATEVER ANYONE DOES OR SAYS, FOR MY PART I AM BOUND TO THE GOOD. IN THE SAME WAY AN EMERALD OR GOLD OR PURPLE MIGHT ALWAYS PROCLAIM: ‘WHATEVER ANYONE DOES OR SAYS, I MUST BE WHAT I AM AND SHOW MY TRUE COLORS.’”

MARCUS AURELIUS

INCLUSION

UNDERSTANDING AND RESPECTING OUR DISTINCTIVENESS IS VITAL IN OUR ABILITY TO HARNESS OUR COLLECTIVE STRENGTH. JUSTICE, FAIRNESS, AND COOPERATION TRULY SUCCEED AT LEADING.

SIR THOMAS LEMUEL HAWKE

INVESTIGATION

BE CURIOUS.

INVENTION

“THE OBSTACLES ON THE PATH BECOME THE WAY.”

MARCUS AURELIUS

INITIATION

DO NOW WHAT NATURE DEMANDS OF YOU. GET RIGHT TO IT IF THAT'S IN YOUR POWER. DON'T LOOK AROUND TO SEE IF PEOPLE WILL KNOW ABOUT IT. DON'T AWAIT PERFECTION....BUT BE SATISFIED WITH EVEN THE SMALLEST STEP FORWARD...

MARCUS AURELIUS

STEADFASTEDNESS

“ONE OF OUR GREATEST FREEDOMS IS HOW WE REACT TO THINGS.”

CHARLES MACKESY

IMPERFECTION

“IF YOU WISH TO IMPROVE, BE CONTENT TO APPEAR CLUELESS OR STUPID IN EXTRANEIOUS MATTERS – DON’T WISH TO BE KNOWLEDGEABLE. AND IF SOME REGARD YOU AS IMPORTANT, DISTRUST YOURSELF.”

EPICLETUS (PAGE 38)

INTROSPECTION

“IN THIS WAY YOU MUST UNDERSTAND HOW LAUGHABLE IT IS TO SAY, “TELL ME WHAT TO DO!” WHAT ADVICE COULD I POSSIBLY GIVE? NO, A FAR BETTER REQUEST IS, “TRAIN MY MIND TO ADAPT TO ANY CIRCUMSTANCE.”

EPICTETUS

ASSISTANCE

WHAT IS THE BRAVEST THING YOU'VE EVER SAID?" ASKED THE BOY.
"HELP," SAID THE HORSE.

CHARLES MACKESY

GUIDING TEXTS

THE DAILY STOIC | RYAN HOLIDAY

THE BOY, THE MOLE, THE FOX AND THE HORSE | CHARLIE MACKESY

RULES FOR A KNIGHT | ETHAN HAWKE