From the Desk of Interim Chair

The Department of Pediatrics and Women’s Health is honored to share our newsletter with each of you today. As many of you must relate, the last months have been a time of finding a new balance and calling upon our sense of endurance and resilience. Our letter today will highlight our continued work to serve others and to share a bit of the energy of our department.

The halls of the OBGYN and Pediatrics practice are busy with medical students, PA students, dietetic interns and learners now wearing PPE without effort. The adaptation and care displayed by students in caring for women and children is commendable. The pediatrics practice was excited to have the opportunity to vaccinate those children five years and older with a committed clinical team who is gladly available for our patients as we have had many months of what has seemed like a prolonged winter. We are also overjoyed to have another year of Pediatric Research Program students complete their summer work, many with plans of presentations and publications. Mentorship and partnership with Cook Children’s and JPS were vital to this opportunity crossing multiple specialties with many projects based in Pediatrics and OBGYN. I am proud of many of the departmental team featured as experts providing information in multiple media forms from podcasts, television and written for our community.

Over the past months, collaboration in the department has been very active and we have had the opportunity for engagement events bringing us together as highlighted in this letter. Our work has been highlighted with the well-earned honor of our Clerkship Leadership, Dr. Nusrath Habiba and Carolyn Anderson, receiving the Valubility of the Year Award.

Overall, we wish you all a joyous and peaceful holiday with the best wishes for a wonderful 2022.

World Prematurity Day

Team members gathered for a group picture in support of the World Prematurity Day on November 17, 2021.
Team (non-faculty) Members in Spotlight

Carolyn Anderson, Academic Program Specialist

What is your job in 25 words or less?
I provide oversight of the medical students throughout the clerkships of Obstetrics and Gynecology as well as Pediatrics. This includes managing their schedules, acting as a liaison between the students, the residents and faculty and ensuring completion of final evaluations.

What aspect of your job do you enjoy the most?
The part of my job that I love the most is watching young inspiring students work their way through medical school and successfully enter their choice of residency and ultimately their career.

How has the Department or UNTHSC helped in your career development?
UNT HSC has helped my career development throughout the years by taking a personal interest in my job, offering training within and outside of the institution, enhancing collaboration between the various departments that I work with and the people that I work with.

What piece of advice would you give to a new employee?
My advice to a new employee would be, don’t be afraid to ask questions.

What is one accomplishment at work that you are most proud of?
I started my career at John Peter Smith Hospital where I worked with Obstetrics and Gynecology residents and was in charge of the 4th year elective students from many medical schools. I then transferred to UNT HSC in 2006 where I was given the position of the Undergraduate Medical Education Coordinator in the Obstetrics and Gynecology Department. I did not really know what all that entailed. I did not have anyone to teach me, for example, what a clerkship was. I had only worked with 4th year students. I remember getting a phone call from the 2nd year coordinator at TCOM asking me if I had the Repro 2 course schedule done yet. Again, I had no idea what that was. I would say my biggest accomplishment at UNT HSC is that I self-learned everything I now know about Medical Education.

When you retire what do you hope people will say about you at your retirement party?
I would hope that people would say that I was extremely devoted to the medical students at TCOM and that maybe one day one of those students would tell a story about their medical school experience and how I made a difference in their life somehow.

What is something that makes you unique, that only a few people know about you?
One thing about me that some people know but not many is that I was born in Canada and moved to Texas when I was 10 years old, and it was Lubbock, Texas which back then was a huge culture shock to my Canadian upbringing thus far. I had to learn how to say “y’all” and “fixin to”, and what they actually meant. Now I am a pro.

If you could take a vacation anywhere, where would you go?
My dream vacation would be to take an Alaskan cruise.
**Team (faculty) Member in Spotlight**

**Hollis Bartels, MD, Assistant Professor**

What is your job in 25 words or less?
*I have the pleasure of helping care for women in all stages of life, from routine wellness checkups, to obstetric care, gynecologic concerns and menopause.*

What aspect of your job do you enjoy the most?
*I enjoy getting to know my patients and helping them to achieve their family and health goals.*

Who has been a mentor for you here at UNTHSC? How have they helped you?
*My partner, Dr. Lagomichos, has been a huge mentor and support for me since starting my career after residency and subsequently joining UNT. She has helped guide me through starting practice in the “real world” and has been an amazing example of an exceptional provider.*

How has the Department or UNTHSC helped in your career development?
*UNTHSC has allowed me to continue to grow my practice and contribute to the community, both through patient care and through education by working with medical students.*

Who is one colleague who deserves praise and recognition? Why?
*Our new nurse, Christy Brantley, has been an amazing asset to our practice! Since she has joined, she has helped implement many changes to help the office run smoothly and ultimately improve patient care. We are so grateful to have her!*

What piece of advice would you give to a new employee?
*Be a team player, communicate well with your colleagues, and be willing to learn new things!*

Why did you first choose to work for UNTHSC and why do you stay?
*My partners and I were given the opportunity to join HSC in 2020 to bring an OBGYN Department back to UNT. I was very excited to be part of this opportunity and help build our department as well as play a roll in education with the medical students.*

How do you help make UNTHSC a great place to live, work and play?
*I try to be a team player and work with my colleagues to help create a positive working environment in our clinic.*

What is one accomplishment at work that you are most proud of? Why?
*This year I took and passed my oral boards and am now board certified!*

When you retire, what do you hope people will say about you at your retirement party?
*A provider and educator who listened and supported both my patients and students in achieving their goals.*

What is on your wish list for the next five years with UNTHSC?
*I hope we are able to continue to grow the OBGYN Department by adding more providers and therefore allow for more educational opportunities for our students. I also hope that we are able to incorporate more lactation education and support for our patients as we continue to grow.*

What are some upcoming trends or challenges that you see in your field?
*I think the OB Laborist model will continue to grow in OBGYN to help improve call coverage and work-life balance for providers.*

What is something that makes you unique, that only a few people know about you?
*I was a professional ballet dancer before pursuing medicine.*

If you could take a vacation anywhere, where would you go?
*There are so many places I would like to see, but Greece, the Czech Republic, Germany and Hawaii are all high on the list!*
Congratulations!
We are very proud of you!

Valubility of the month September, 2021
Rosa Amaya and the nomination for Valubility of the Year Rosa Amaya for her dedication with the pediatric practice group.

Welcome baby Elias and Averina!!

Elias Lozana
Congratulations to Jocelyn and her family

Averina Thein
Congratulations to Emelda and her family

Listen to the latest Poptalk! A discussion about healthy family interactions and ways to reduce stress during holiday events!! Episode 7: Family Relationships and the Holidays by PopTalk! (anchor.fm)
Fall Festival 2021