Intraocular Pressure Regulation In African Americans

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The Problem: Glaucoma

- Glaucoma is a major cause of blindness worldwide, however,
- West Africans and descendants of West Africans; African-Americans and Caribbeans are at disproportionate risk.
- Glaucoma is 5 times more prevalent among West Africans and West African descent, when compared with non-Hispanic whites.
- Primary open angle glaucoma (POAG), the most common type, occurs an average of ten years earlier in this population, than in non-West Africans.

Proper Regulation of Intraocular Pressure (IOP) is Key to Maintaining Healthy Eyes

- In many glaucoma patients there are increases in intraocular pressure (IOP)
- How is IOP regulated?
- Regulation of a fluid called aqueous humor
 - Secretion of aqueous humor from the ciliary processes
 - Outflow of aqueous humor from the trabecular meshwork and Schlemm's canal
 - As demonstrated in the schematic,

Schematic of Aqueous Humor Dynamics



Decreased Aqueous Humor (AH) Outflow through the Trabecular Meshwork and Schlemm's Canal = Increased IOP





Gual et al. News Physiol Sci 18: 205-209, 2003

Treatments for Glaucoma

- Clinically efficacious method to treat glaucoma is to reduce IOP either medically or surgically.
- Medical options include:
 - Timolol (beta blocker)
 - Brimonidine (alpha 2 agonist)
 - Azopt (carbonic anhydrase inhibitor)
 - Latanoprost, Bimatoprost, Travoprost, Latanoprostene bunod (prostaglandin analogs)
 - Rhopressa (Rho kinase inhibitor)

Varied IOP Responses to Glaucoma Treatments

- Many patients, more so African Americans, do not respond to these medications,
- and those who do, become refractory to the medications.
- This suggest the need for more targeted therapies.
- Need further elucidation of IOP regulatory mechanisms in African Americans.

Changes in TM Cell Contractility = Morphological Changes = Change AH Outflow = Changes in IOP



Possible Dysfunctional in TM Contractility in African Americans

- Genome-wide association study, identified risk allele, the *FMNL2* gene, in POAG in African Americans.
- FMNL2 gene encodes formin-related protein-2 (FMNL2) that regulates TM cell contractility.
- Another protein, Cdc42-Rho GTPase regulates FMNL2 function.
- > TM cell's ability to contract and relax regulate IOP.
- These findings suggest that dysfunction in FMNL2 contributes to POAG in African Americans

Activity: Define FMNL2 Regulation of TM Cell Contractility

- Research Strategy:
 - Suppress FMNL2 expression using FMNL2-siRNA
 - Determine effects of *FMNL2* suppression on TM cells from African American postmortem donor
 - Isolate and characterize human TM cells
 - Test efficiency and specificity of *FMNL2*-siRNA for FMNL2 gene
 - Test the efficacy of FMNL2-siRNA transfection on FMNL2 protein level
 - Test the effects of FMNL2 Knock down on TM contractility

Characterization of Isolated TM and SC Cells

- When exposed to dexamethasone, TM cells express myocilin, SC cells do not.
- Morphological differences exists between the cells. TM cells are heterogeneous while SC cells are more homogenous in nature, being mostly spindle shaped.
- > Transendothelial resistance of TM cells is less that 10 Ωcm^2 , SC cells greater than 10 Ωcm^2



Test Efficiency and Specificity of *FMNL2*siRNA for FMNL2 Gene- FMNL2 mRNA Levels are Decreased Following FMNL2 siRNA Transfection



Test the efficacy of *FMNL2*-siRNA on FMNL2 protein level - Time-Dependent Decreases in FMNL2 Protein Expression



Test the Effects of FMNL2 Knock-Down on TM Contractility



Activity: Define *FMNL2* Modulation of Aqueous Humor Outflow

- Research strategy: suppress FMNL2 gene expression using FMNL2 shRNA (h) lentiviral particles
- Determining the effects of suppression of *FMNL2* on aqueous humor outflow facility.
 - Human donor eyes will be perfused with shRNA lentiviral particles using organ perfusion model system
 - Rate of aqueous humor outflow facility will be measured

Transfection Efficiency of FMNL2-shRNA Lentiviral Particles in TM Cells



Transfection Efficiency of FMNL2-shRNA Lentiviral Particles in TM Cells



Perfusion Studies

- Anterior segment organ culture perfusion 37°C in 100% humidity at 5% CO₂ atmosphere
- Modification Johnson et al. IOVS 28:945, 1987
- Porcine eyes perfused at constant pressure of 14 mmHg
- Outflow rates were determined gravimetrically as the changes in weight of the medium as the eyes were perfused over time.



Representative Perfusion Data of Changes in Aqueous Humor Outflow in Response to Changes in Cells Contractile Mechanisms



Cell volume changes in response to changes in osmolarity

Electron Micrograph of Perfused Human Anterior Segment



Summary and Future Studies

- Demonstrated that knock down of the FMNL2 risk allele identified in POAG in African Americans alters TM contractility
- Future studies will:
- Define *FMNL2* regulation of aqueous humor outflow using eye anterior segment organ perfusion culture system.
- Delineate regulation of FMNL2-mediated TM contractility and aqueous humor outflow by Cdc42-Rho GTPase signaling pathway.

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