

## WHAT RESOURCES ARE AVAILABLE IF I DO NOT WANT TO FILE A COMPLAINT?

A survivor of sexual assault is always encouraged to consult with trained mental health professionals regardless of whether the person elects to file a report with the police or other campus officials. Mental health professionals typically can maintain confidentiality and should discuss their confidential privileges with you. Seeking support after a sexual assault is crucial.

## MEDICAL RESOURCES

### BAYLOR HOSPITAL

1400 Eighth Avenue  
Fort Worth, TX 76104  
817-926-2544

### HARRIS METHODIST HOSPITAL

1301 Pennsylvania Avenue  
Fort Worth, TX 76104  
817-250-2000

### JOHN PETER SMITH HOSPITAL

1500 S. Main Street  
Fort Worth, TX 76104  
817-702-3431

### STUDENT HEALTH CLINIC

UNTHSC CAMPUS  
3400 Camp Bowie Blvd.  
Fort Worth, TX 76107  
817-735-5051

## COUNSELING RESOURCES

### STUDENT ASSISTANCE PROGRAM

855-270-2839

### UNTHSC CARE TEAM

817-735-2740

## HOW FRIENDS, FAMILY, AND FACULTY/STAFF CAN HELP

**Say something. Lend a listening ear.** Show that you care and are willing to listen. Do not force the issue but allow the individual to confide in you at his/her own pace. Never blame the person for what is happening or underestimate his/her fear of potential danger. Focus on supporting the individual's right to make his/her own decisions.

**Guide survivors to campus and community resources.** Let him/her know they are not alone and people are available to help. Encourage him/her to seek sexual violence advocates and assure them that information will be kept confidential in most cases.

**Do not ever judge survivors.** Tell the person you are sorry they have been hurt. No matter his/her behavior prior to the assault, they are NOT responsible—the perpetrator is. No one deserves to be assaulted.

**Remind survivors that their feelings are normal.** They may feel “crazy.” Assure survivors they are not “crazy” and any feeling or reaction is normal.

**Validate survivors in their feelings.** Continue to do so even if they feel everything is terrible and even if you feel frustrated with their recovery.

**Focus on his/her strengths.** The individual has probably continually been told by the abusive person that he/she is a bad person, a bad student, or a bad friend. They may believe he/she cannot do anything right and that there really is something wrong with him/her. Give him/her emotional support and help in recognizing personal strengths and skills. Emphasize that he/she deserves a life that is free from violence.

**Find your own support.** You cannot support someone else if you are not supported. However, do not try to receive that support from the survivor.



## WHAT TO DO ABOUT SEXUAL VIOLENCE, DATING VIOLENCE, DOMESTIC VIOLENCE, AND STALKING

A survivor of sexual violence, dating violence, domestic violence, and/or stalking will have a wide range of emotions following an incident. It is important to utilize available resources or refer someone you know who has been assaulted to receive necessary care and begin to process the events. Going to a hospital immediately following the incident provides survivors with urgent care as well as an opportunity for valuable evidence collection.

---

**Website:**

<http://web.unthsc.edu/Departments/StudentAffairs>

**Phone:** 817-735-2505

**Fax:** 817-735-0448

The following definitions are listed in the UNTHSC Student Code of Conduct and Discipline.

**SEXUAL VIOLENCE:** Physical sexual acts perpetrated against a person's will or when a person is incapable of giving consent due to the victim's use of drugs or alcohol or other disability, including age. Sexual violence includes but is not limited to rape, sexual assault, sexual battery, or sexual coercion.

**SEXUAL ASSAULT:** An offense classified as forcible or nonforcible sex offense under the Uniform Crime Reporting System of the Federal Bureau of Investigation. Any type of sexual contact or behavior that occurs without the explicit consent of the recipient. Falling under the definition of sexual assault are activities such as forced sexual intercourse, forcible sodomy, child molestation, incest, fondling, and attempted rape.

**DATING VIOLENCE:** Violence committed by a person who is or has been in a social relationship of a romantic or intimate nature with the victim; and where the existence of such a relationship shall be determined based on a consideration of the following factors: the length of the relationship, the type of relationship, the frequency of the interaction between the persons involved in the relationship.

**DOMESTIC VIOLENCE:** Includes crime of violence by a current or former spouse of a victim, by a person with whom the victim shares a child in common, or by a person who is cohabitating with the victim as a spouse, or by a person similarly situated to a spouse of a victim under the domestic or family violence laws of the jurisdiction receiving grant monies, or by any person against an adult or youth victim who is protected from that person's acts under domestic or family violence laws of the jurisdiction. Domestic violence can be physical, sexual, emotional, economic, or psychological actions or threats of actions that influence another person. This includes behaviors that intimidate, manipulate, humiliate, isolate, frighten, coerce, threaten, blame, hurt, injure, or wound someone.

**STALKING:** The engaging in a course or conduct directed at a specific person that would cause a reasonable person to fear for his or her safety or the safety of others, or to suffer substantial emotional distress.

### WHAT IF I WAS UNDER THE INFLUENCE OF DRUGS OR ALCOHOL AT THE TIME OF THE SEXUAL ASSAULT?

Use of alcohol or drugs impacts an individual's ability to consent to a sexual act and does not put the person at blame. A student who is assaulted while under the influence of alcohol or drugs is encouraged to seek help and entitled to university and community assistance.

### WHAT SHOULD I DO IF I WITNESSED A CRIME OF SEXUAL ASSAULT?

If you are a witness to a crime of sexual violence, you should report the incident to campus or local police. You may also speak with the Executive Director of Student Services who can assist you further.

### WHAT IS THE PROCESS FOR INVESTIGATION OF A COMPLAINT OF SEXUAL ASSAULT?

If you file a report with the Executive Director of Student Services or Title IX Coordinator, you will be contacted by an office representative to schedule a meeting to collect the facts related to the incident and to assure that you have access to all necessary resources and that there will be no impact on your opportunity to participate in your educational program. You should be prepared to address any changes to your living arrangements or academic program that may be appropriate based on the circumstances. Once you have filed a complaint you will be updated regularly regarding the status and outcomes of the investigation. You should expect to receive an equal opportunity for participation in the investigation and any subsequent proceedings as the individual who is the subject of the complaint. For more information visit <http://web.unthsc.edu/Departments/StudentAffairs>.

### WHERE DO I REPORT SEXUAL VIOLENCE?

#### UNIVERSITY RELATED REPORTING

**DIVISION OF STUDENT AFFAIRS**  
Carl E. Everett Education and Administration Building 2nd Floor  
817-735-2508

You may contact the Executive Director of Student Services who will begin an investigation upon your request. If the aggressor was a student, the Executive Director of Student Services will investigate possible violations of the Student Code of Conduct which could result in disciplinary sanctions up to expelling the student from the university. The Executive Director of Student Services may also be able to immediately remove another student from the university if the student puts the university community at immediate risk and issue no contact orders.

**TITLE IX COORDINATOR**  
Founders' Activity Center #202/817-735-2069

You may contact the Title IX Coordinator in the Office of Health Promotion who will also begin an investigation upon request and will assume responsibility for your ongoing opportunities to take full advantage of your educational program.

**UNTHSC POLICE DEPARTMENT**  
3600 Mattison Avenue/817-735-2600

You may file a police report with campus police for sexual assaults occurring on campus or with local police for sexual assaults occurring off campus. When making a report to police, you may choose to report using a pseudonym so that your name will not appear in public files.

#### NON-UNIVERSITY RELATED REPORTING

**FORT WORTH POLICE DEPARTMENT**  
Victim Assistance: 817-392-4390  
350 W. Belknap Street  
Fort Worth, TX 76102

**DALLAS POLICE DEPARTMENT**  
Non-Emergency: 214-671-3001  
1400 S. Lamar Street  
Dallas, TX 75215

**DENTON POLICE DEPARTMENT**  
Non-Emergency: 940-349-8181  
215 E. McKinney Street  
Denton, TX 76201

### WHAT SHOULD I DO IF I HAVE BEEN SEXUALLY ASSAULTED?

*The primary concern for survivors of sexual violence is safety and to address medical issues related to physical injury, sexually transmitted infections, and/or pregnancy. The secondary concern is evidence collection to aid in a possible police investigation.*

**Get to a safe place immediately.** Go to your apartment/home or the residence of a trusted friend. DO NOT change your clothing or shower. Preservation of physical evidence is of the utmost importance. If you change your clothes, it is important that they are kept in a paper bag to preserve evidence. DO NOT apply medication to any injuries that have been sustained unless absolutely necessary. DO NOT drink or chew gum or disturb anything in the area where the assault occurred.

**Get medical attention as soon as possible.** Visit the Student Health Clinic, or go to a local hospital's emergency department. Medical attention at the local hospital is required in order to preserve valuable evidence should you decide to seek prosecution through the criminal justice system. It is important to know that if you go to the hospital the local police may be contacted.

If you suspect that you have been given a predatory drug, like Rohypnol or GHB, please let the staff at the Student Health Clinic or the local hospital know. A urine sample can be collected within 72 hours of a sexual assault for predatory drug testing.

**Seek free, confidential counseling through the Student Assistance Program.** Call LifeSynch at 855-270-3349. Help is available for the person assaulted and for UNTHSC students helping the survivor of sexual assault. Other free local counseling resources are available too.

**Utilize campus resources.** The Division of Student Affairs may be able to assist with changes in academic arrangements if reasonable accommodations are available.

*Please remember if this happens to you, you are NOT alone.*

*Consider seeking out appropriate support at this time.*