**Bystander Intervention: Lesson Plan**

**Introduction**

The Bystander Intervention interactive lecture and discussion guide empowers students to intervene when they witness sexual assault. It outlines how to identify sexual assault, and offers strategies for intervening in a dangerous situation.

*Estimated Time: 1 hour*

**Topics Covered**

* What is consent?
* Acquaintance rape
* Strategies for intervention
* Bystander effect

**Learning Objectives**

* Recognize the warning signs that a sexual assault is going to occur
* Learn when bystander intervention is needed to prevent assault
* Discuss effective bystander intervention strategies
* Brainstorm ways to encourage bystander intervention

**Resources**

* PowerPoint slide deck
* Bystander Intervention Handout
* Assessment

**Warm Up**

*Materials: handout*

**Option 1:** Have students fill out the first section of the hand out. Use their answers as a jumping off point to a discussion about rape myths.

**Option 2 (appropriate for volunteer classes)**: Ask students to share why they've decided to attend the bystander intervention class. Transition into a discussion of the positive impact bystanders can have preventing sexual assault.

**Lecture**

*Materials: PowerPoint presentation, handout*

The PowerPoint is to be used as a visual aid and guide for an interactive lecture educating students on the consequences of drinking, the realities of the prevalence of college drinking, and why it matters that students know how much (or how little) their peers are drinking.

The hand out can be used in conjunction with the PowerPoint. Ask students to take notes by filling in the blank spaces on their handout.

**Post Lecture Activity**

*Materials (optional): markers, poster paper*

**Option 1:** Ask students to brainstorm a campaign encouraging bystander intervention. If you have a larger group you might consider having the class break into small groups of three to five, then presenting their campaigns to the class after the activity.

To give students some direction, you could bring art supplies and have them design posters, or ask them to design a social media campaign, writing status updates and Tweets that would raise awareness about bystander intervention. Alternatively, you could present these as possibilities, and encourage them to come up with their own strategies for increasing awareness about bystander intervention strategies.

**Option 2:** Ask your students to consider the four hypothetical scenarios outlined on their handout. Would they intervene if they witnessed each situation? If they would, what would they do or say? They can write their answers down and then discuss them with the group, or you can simply move straight into a discussion after the students take the time to review each scenario (or you read it aloud.)

**Assessment**

The assessment consists of two parts. The first is several scenarios in which students are asked to identify potential sexual assaults, and then right in appropriate strategies for bystander intervention.

The second is three open-ended discussion questions prompting students to reflect on the lesson and consider their options for facilitating bystander intervention in the future. If you want, students who are comfortable doing so might share their answers to these questions as a jumping-off-point for a final discussion.

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For more resources like this one, including workshops, posters, and online training tailored to prevent sexual assault and substance abuse, visit our website at <https://www.campusclarity.com>, or call 800-652-9546.