



STUDENT AFFAIRS IMPACT REPORT

2023-2024



THE UNIVERSITY of NORTH TEXAS
HEALTH SCIENCE CENTER at FORT WORTH

CONTENTS

Student Enrollment & Demographic Data.....	4
Career Readiness Center.....	6
Office of Care and Civility.....	10
Office of Disability Access.....	14
Center for Student Life.....	16
Testing and Evaluation Services.....	20
Student Assistance Resource Center.....	22
International Services Office.....	26
Center for Academic Performance.....	28
Be Well.....	30



2023-2024 STUDENT ENROLLMENT & DEMOGRAPHIC DATA

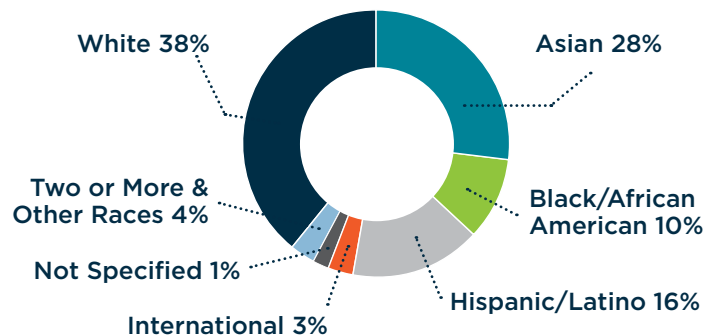
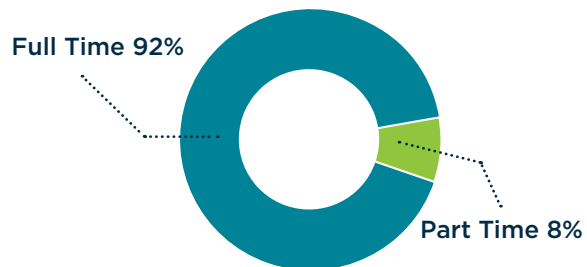
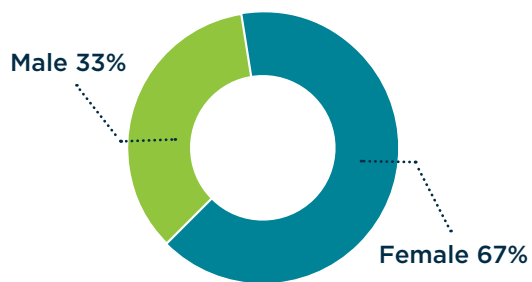


2,344

HEADCOUNT ENROLLMENT*

1,387 Doctoral-Professional Practice
89 Doctoral-Research
822 Master's
17 Bachelor's (BS)
29 Graduate Certificates

*23 students enrolled in two programs count only once in the unduplicated headcount. Secondary program enrollment includes 6 PhD, 14 MPH, 2 MS and 1 graduate certificate.



Age Range 19-66 • Median Age 25

New Students 38%

First enrolled at HSC Summer-Fall 2023

Data source: Integrated Postsecondary Education Data System (IPEDS) Fall 2023 Census Enrollment report of all enrolled students as of census date, including those who were reported in the THECB CBM001 report and those who were not eligible to be reported in the CBM001. Race/ethnicity are reported according to IPEDS definitions as specified at nces.ed.gov/ipeds/report-your-data/race-ethnicity-definitions. Because of small numbers, the following are reported as a combined total in the "Two or More and Other Races" category: non-Hispanic American Indian or Alaska Native, non-Hispanic Native Hawaiian or Other Pacific Islander, and non-Hispanic Two or More Races.



CAREER READINESS CENTER

Department Overview

From the moment students step onto our campus, our mission is to provide comprehensive resources, programs and personal advising that prepare current and former students to be career ready in their respective discipline. This includes helping them identify and achieve present and future career goals and facilitating successful placement into their position of choice. To this end, the Career Readiness Center will facilitate these activities through the following tenets:

- ▶ Implement visionary means to facilitate student, alumni and employer success
- ▶ Be a premier resource for career agility
- ▶ Serve all colleges equally and collaboratively to contribute to One University
- ▶ Deliver extraordinary services that engage and educate students through one-on-one or group meetings offered in person and virtually
- ▶ Promote community interconnectivity and outreach

Signature Programs and Services

Resume/CV Building

Provide advising, along with a host of resources, for building out robust and market-current application documents. This includes online learning modules and templates through **Big Interview** as well as AI-generated **Resume Worded**.

Personal Statement/Cover Letter Writing

Provide advising for writing personal statements as they pertain to graduate school and residency applications, as well as cover letters as they apply to the general job search.

General Campus Workshops and Series

The CRC team provides co-curricular, as well as classroom, speakers and special events that include staff and external experts. These can be over any career readiness topic from a general or discipline-specific context. The CRC hosts two major event series annually, celebrating National Career Development Month each November and Career Readiness Month in April.

Interviewing and Etiquette Skills (including Big Interview)

Provide advising for interviewing skills, including those for job searches and graduate/professional school admissions. The CRC hosts three versions of Big Interview, including Big Interview Medical and Big Interview Alumni, for self-paced video interview practice and the administration of classroom assignments. Etiquette skills training includes workshops and other activities, such as the Etiquette Dinner and benefits and salary negotiations.

Job Fairs/Employer Networking Events

The Career Readiness Center annually hosts and co-hosts several job fair and employer networking events. Collaboration with JCPenney Suit Up allows students to purchase professional attire at a discounted rate.

Job Boards (HSC Connect/Handshake)

The Career Readiness Center uses Handshake, the primary campus online job board, selectively filtered for HSC academic programs and disciplines through HSC Connect, which also serves as the premier HSC networking and event clearinghouse.

On-campus Student Employment

The Career Readiness Center serves primarily as “match-maker” in terms of facilitating the posting of student positions and connecting students with on-campus opportunities. CRC occasionally hosts in-person campus job fairs and virtual recruiting events with HSC hiring departments.

Individual/Group Career Exploration/Assessment

The CRC provides individual career assessment instruments that measure interest, work style, values and aptitude. These usually are applied when a student or alumnus is seeking an unexpected career change.

Career Readiness Microcredentials

For HSC's five identified career readiness skills (communication, interprofessional teamwork, leadership, problem solving and resiliency), the CRC administers the content design and delivery of these microcredentials for qualifying students in each academic program under the auspices of the HSC Microcredential Committee. This includes an external Career Readiness Microcredential available for learners not enrolled as HSC students.



Office Highlights



79 Career development workshops, presentations and events

475 Approximate individual career advising appointments

100%

Reported increase in self-confidence for job interview following mock interview

13,127

HSC Connect jobs posted

1,333

Big Interview (general) practice interviews recorded



675

Big Interview (medical) practice interviews recorded

Collaborative Initiatives

Activities with Office of Advancement and Alumni Relations

This partnership facilitates community-building and networking opportunities between HSC alumni from the various colleges with current students.

Tailored Curriculum Integration

The Career Placement Survey was developed by a coalition of all academic colleges, along with other key stakeholders, including Alumni Relations, University Assessment & Accreditation and the Registrar's Office. Graduates are asked to share their postgraduate plans about employment or enrollment in a degree program to continue their education.

Coaching for Students

CRC collaborates with various HSC and Student Affairs departments to provide voluntary coaching for students. Coaches are trained to address topics ranging from communication skills to career development, professionalism and wellness.





ELIZABETH THAI

2024 OMS IV TCOM

“As a fourth-year preparing for crucial interviews, I found Cassie’s approach to interview preparation both refreshing and immensely beneficial. Her expertise not only addressed various aspects of the interviewing process, but also instilled a sense of confidence and ease about my future interviews. One aspect of Cassie’s coaching that I particularly appreciated was her ability to help me identify and fortify areas in my interviewing technique that needed improvement, while ensuring that my responses remained authentic and true to my personality. A notable example was her guidance on the question, ‘Why pathology?’ Cassie assisted me in crafting a narrative that was not only engaging, but also reflective of my personal characteristics. She created a conducive atmosphere during our session, allowing me to express candid responses and showcase my natural interview skills at their best. Her approach to tackling typical interview questions was invaluable, teaching me how to be tactful yet truthful. This avoided any semblance of pretense and was instrumental in helping me present myself in the best possible light, staying true to my principles and professional ethos. She is clearly dedicated to her students and goes above and beyond what advisors in my past have done. Her contributions are not just enhancing individual performances, but are also uplifting the overall standard of preparation for other HSC students.”



ANDREA TOMPKINS

2022 Med Sci graduate

“I applied to only four medical schools in October 2022 because that was all I could afford at the time. In February 2023, I received my first medical school interview invitation. I was shocked, excited and unsure about what to expect during the interview. With limited financial resources, I worried about how to prepare myself for my interview. There was no way I could afford the astronomical prices private interview preparation companies were charging. I started to research and discovered the HSC Career Readiness Center. Mrs. Ardry helped polish my personal statement to ensure medical schools truly saw me through my application and my ‘why’ for medicine. She was even able to assist with my secondary applications. She encouraged me every step of the way, equipping me with even more interview tools and tactics as we prepared for potential interviews. As I prepare to start medical school in the fall, Mrs. Ardry has also assisted me with scholarship applications to help ensure my success. I am excited to currently pursue an opportunity to serve in the United States military alongside my medical training. Her assistance has been pivotal in my future career success. Mrs. Ardry and the HSC Career Readiness Center team were the final resource I needed to break through one of the most challenging aspects of becoming a doctor — getting into medical school. Their office was crucial in equipping me with the tools, resources and skills I utilized even after my application. The work of Mrs. Ardry and her team immensely improved my professionalism, mannerisms and confidence I will use throughout my entire professional career.”



OFFICE OF CARE AND CIVILITY

Department Overview

The mission of the Office of Care and Civility is to empower HSC students for behavioral and personal development through outreach and compassionate support. OCC's core services include the Care Team, student conduct, Be|Well, and well-being programming.

Signature Programs and Services

Care Team

The Care Team creates solutions for healthier communities by assisting in promoting the health, safety and well-being of the HSC community. The Care Team is designed to support students experiencing personal, emotional and/or medical stressors by connecting them with resources and serving as an on-campus source of support. The Care Team often collaborates with on-campus and off-campus partners in order to connect students to supportive resources.

Student Conduct

HSC has adopted policies to govern student behavior that are educational in nature and designed to help students understand expectations and accept responsibility for their actions. The Office of Care and Civility strives to uphold the high academic, professional and community standards of HSC while supporting our students to develop their ethical decision-making skills.

Well-Being Programming

The Office of Care and Civility hosts well-being events and programs with varied focuses, including mental health, sexual misconduct prevention, drug and alcohol abuse prevention and recovery, and suicide prevention. These events happen both on a scheduled basis and as requested by members of the HSC community.

Be|Well

The Office of Care and Civility manages the Be|Well program for the HSC Community. Be|Well is HSC's Quality Enhancement Plan and is focused on integrating well-being, emotional intelligence and resilience into curricular and co-curricular experiences to address nationwide burnout among professionals working in health care and health-related fields.

Mindful Corner

The Mindful Corner is a physical space, located in the Founders Activity Center, for students to find serenity on campus. The mindful corner integrates concepts of sensory rooms to enhance students' efficacy in reaching their own relaxation and well-being needs.

Office Highlights

125% INCREASE IN TOTAL PROGRAMS



209

Care Team
cases



45

Student
conduct cases

90

Informational
initiatives

63

Wellness and compliance-related
programs conducted



Collaborative Initiatives

Supplemental Offer and Acceptance Program (SOAP) Support

Care Team holds time for students navigating the SOAP process to be actively ready to meet to address personal needs as they navigate their matching journey.

International Student Support

Student conduct staff members partner with the International Services Office during International Student Orientation to educate incoming international students specifically on matters of academic dishonesty at HSC.

Drug and Alcohol Abuse Prevention Program

OCC staff leads collaborations related to drug and alcohol abuse prevention, including reviewing relevant practices and initiating preventative programming to address substance use and abuse for the HSC community.

Title IX

OCC provides co-leadership over the Title IX Programming Team, integrating efforts of campus stakeholders related to the prevention of sexual misconduct at HSC.

Student Internships

OCC hosts interns from the College of Public Health and has been designated a “Preferred Public Health Practice Site” by the College of Public Health.





OFFICE OF DISABILITY ACCESS

Department Overview

The Office of Disability Access is responsible for assisting students with disabilities by providing academic accommodations that will ensure equal access to their curriculum.

Signature Programs and Services

Disability Accommodations

The Office of Disability Access ensures that students with disabilities receive the necessary accommodations for equal access to education. Our dedicated team works collaboratively with students, faculty and staff, offering customized support and regular training sessions. This ensures a welcoming and supportive educational environment for all members of our community.

Testing Center

ODA schedules and proctors exams for students and provides testing accommodations. Staff members also proctor make-up exams for students with and without approved disability accommodations.

Office Highlights

Approximately 7% of the student population receives disability accommodations.



1,112
Exams
proctored



3,055
Assessments given to students
with and without disabilities

Collaborative Initiative

In partnership with the student organization DREAM (Disability Rights, Education, Activism and Mentoring), the Office of Disability Access organized a panel discussion aimed at educating future medical providers about cerebral palsy. Impressively, 94% of attendees reported learning at least one new strategy to improve interactions with future patients affected by cerebral palsy.

Student Success Story

“ Everyone in ODA has made having a disability while enrolled in a rigorous program so much easier. I have nothing but positive thoughts for the treatment by each member who has been involved with assisting me to attend school comfortably. ”





CENTER FOR STUDENT LIFE

Department Overview

The Center for Student Life builds community and develops experiences that encourage and support student success. The office provides a range of resources and services that support student development, while also coordinating institutional events, planning new student orientation, developing leadership programs, overseeing student governments and organizations and collaborating with campus partners.

Signature Programs and Services

Commencement

HSC Commencement — the culmination of a graduate's hard work, energy and effort at HSC — is held each spring semester and is intended to publicly and formally recognize students who will complete all graduation requirements by the end of the spring semester and those who completed their requirements during the previous fall or summer semesters. The Center for Student Life provides each graduate with an outstanding experience to recognize and celebrate their degree with the pomp and circumstance they have earned.

White Coat

The White Coat Ceremony is a rite of passage for HSC students that encourages a psychological contract for professionalism and empathy. Students are cloaked with their first white coat, symbolizing the mantle of their chosen profession. The event emphasizes the importance of the

foundational mission of the institution: education, research, patient care and service. The white coat is a symbolic, nonverbal communication used to express and reaffirm a fundamental belief in a system that society observes. It is a cloak of compassion.

New Student Orientation

The purpose of New Student Orientation, for both online and in-person programs, is to welcome incoming students and help them adjust to student life at HSC. Orientation is a mandatory event for all incoming students where they learn about academic and community expectations, campus culture, services and available resources. The Center for Student Life provides an experience for incoming students to build community, engage with HSC resources and create lasting friendships.

Registered Student Organizations

All students are encouraged to enrich the HSC community and their own personal development by getting involved on campus. Involvement in a Registered Student Organization consists of student government associations, student classes and student organizations. RSOs represent a variety of interests within the health professions community.

Registered Student Organization Training

Leaders of registered student organizations must complete annual registration training in the fall and refresher training in the spring. Training topics cover fiscal responsibility, event planning, risk management and compliance training.

Student Activities Board

The Student Activities Board is the pulse of student life at HSC and is dedicated to enhancing the student experience through campuswide events planned and implemented by current HSC students. Committed to fostering a sense of community, the SAB organizes activities ranging from social and cultural to intellectual programming. SAB enhances the co-curricular experience at HSC by being a catalyst for connection and growth.



Collaborative Initiatives

Welcome Week

The CSL team collaborates with all Student Affairs departments to host Welcome Week activities, an exciting period at the beginning of each academic year designed to integrate new students into campus life and foster a sense of community and belonging. By leveraging resources, the CSL and DSA set the stage for a fun and engaging welcome to the HSC campus community.

New Student Orientation

The CSL plays a pivotal role in collaborating with Student Affairs teams, campus partners and all the academic programs to host New Student Orientation, ensuring a seamless and enriching transition for incoming students. The collaboration allows for the orientation programming to reflect the HSC values and commitment to student development. Together, we create a welcoming and supportive environment for students to feel empowered to thrive academically, socially and personally from their very first moments on campus.

Student Success Stories

“ My experience with the team members at the Center for Student Life has always been nothing but helpful. They support the students and put their best efforts toward us. No matter who I go to, I know they’ll always provide the students and I with the resources we need. We’re all so grateful for a team that wants the best for us and makes being at HSC a great experience! ”

- **Pranavi R. Chamarti, OMS-2 TCOM**

“ The Center for Student Life staff members are the first people to greet new students at orientation. They’ve done a spectacular job of creating a culture on campus for students to feel welcomed, included and represented. They are also super helpful to students trying to create their own space. In creating my own club, CSL made the process so simple and streamlined. They are organized, receptive and timely in addressing student needs and concerns. Further, they are proactive in helping students navigate both the physical and virtual campus by providing tours and training. They’ve also done a great job of putting on student events to make campus an enjoyable and lively place to be. Their work of organizing commencement demonstrates their ability to celebrate student success and shape our experience from beginning to end. ”

- **Abigail Hoffpauir, OMS-2 TCOM**

Center for Student Life **1,597**

Attendees
tracked across 51
CSL-hosted events

New Student Orientation **638**

Oriented students
for AY 23-24

Registered Student Organizations **1,650**

Students involved
in a RSO



Student Activities Board **485**

Attendees of
organized fall and
spring festivals

Commencement **650**

Graduates with
more than **5,300**
guests in attendance



TESTING AND EVALUATION SERVICES

Department Overview

Testing and Evaluation Services supports student and curricular assessment needs using innovative tools that effectively measure student knowledge and give students a voice to enhance the quality of their education.

Signature Programs and Services

Manage Student Assessments

TES collaborates with academic programs to design assessment delivery methods that best support the needs of students, courses and curriculum. This includes using innovative tools and assessment methodology to support the latest analytical approaches. The TES team manages the entire assessment delivery process to allow faculty members to focus on higher-level responsibilities. The team creates high-stakes assessments, communicates details to students, and provides exam-related technical support in a comfortable and secure testing environment. The team also scores the assessments, provides statistical summary reports, and works with faculty to conduct rescoring. In addition, TES creates specialized student performance reports that correlate faculty teaching and student success while guiding students' studies and their preparation for future learning.

Administer External (non-HSC) Assessments

TES collaborates with HSC academic programs and their respective national licensing boards to administer an assortment of external exams to support student licensing exam preparations and various curriculum assessments, including end-of-rotation clinical assessments. Team members provide assessment feedback to academic programs and students, and conduct data analyses to correlate results and predict future performance.

Manage Course/Faculty Evaluations

The team collaborates with each academic program to design effective course and faculty evaluations and delivers the evaluations to all students at the end of each course. Evaluation results are reported to faculty and key stakeholders for continuous improvement to the student learning experience.

Manage Secure Item Banks

TES manages assessment item banks for academic programs, including creating and/or importing exam items and reviewing items for consistent wording, format and punctuation, based on each academic program's guidelines. The team updates items as needed based on a program's specifications and manages historical performance statistics for all items in the bank.

Office Highlights

467

Course evaluations
conducted



1,686

Faculty evaluations
conducted



1,577

Assessments
administered

TESTING SOFTWARE AT NEW STUDENT ORIENTATION

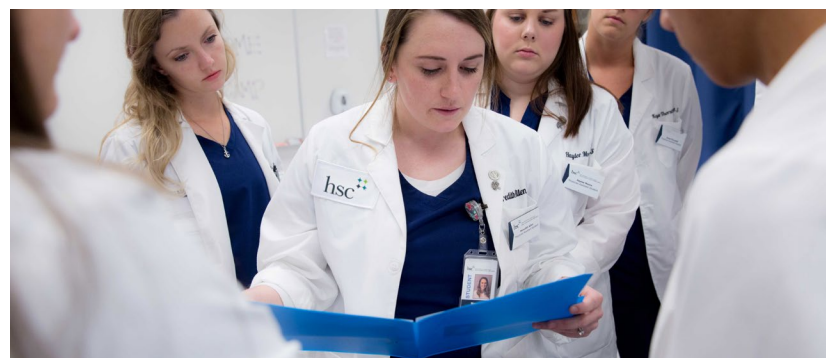
99%

Of students responded that they
felt prepared to take an assessment
using Exemplify after orientation

Collaborative Initiatives

VoiceOver for Mac in Exemplify

In partnership with the Office of Disability Access, the TES team successfully implemented a text-to-speech feature in Exemplify, enabling specific exam content to be audibly read to students during high-stakes exams. The team also provided training on how to use this feature efficiently and created a resource with detailed instructions, tips and shortcuts for optimal use during exams.





STUDENT ASSISTANCE RESOURCE CENTER

Department Overview

The Student Assistance Resource Center is focused on developing partnerships, resources and programs to support students' basic needs. SARC provides services and programs to support the development of each student holistically: mind, body and spirit.

Signature Programs and Services

Care Team

Serves as a collaborative interdisciplinary team to provide early intervention, identification and response in a nonclinical case management capacity.

Fitness Center

Designed to meet the fitness needs of students, alumni, faculty, staff and community members.

Food Pantry

Assists HSC students impacted by food insecurity, addresses student hunger and fosters student success.

Student Emergency Fund

Provides emergency financial assistance to enrolled students experiencing a temporary emergency need because of unforeseen or uncontrollable circumstances.

Clothes Closet

Provides professional attire for students in need of professional wear.

Pathways Program

Focuses on developmental opportunities for students that will provide autonomy in developing meaning and learning.

Wellness Coaching

Partners with students seeking self-directed and lasting changes aligned with their values, which promotes health and wellness to enhance well-being.

Student Assistance Program

Free and confidential 24/7 counseling services to provide better mental health and well-being experiences for students.

Office Highlights

CARE TEAM

84%

Referrals contacted
accessed services

The total number of referrals was **209**



FOOD PANTRY

2,346 lbs.

Food distributed to students

STUDENT EMERGENCY FUND

\$32,348

Awarded

108

Applications
reviewed

33

Students
funded



Collaborative Initiatives

Student Emergency Fund

SARC manages the Student Emergency Fund in partnership with the Financial Aid Office and Student Finance. This partnership is essential in ensuring that money is distributed in a timely manner in accordance with financial regulations, while also providing an avenue to ensure that students' basic needs are met.

Food Pantry Thanksgiving Event

SARC hosts a food pantry Thanksgiving event, which includes a food pantry drive and turkey donation in collaboration with Student Affairs and the HSC community, to provide Thanksgiving meals for students in need during the holiday.

Be|Well Week

Be|Well Week is a campus and communitywide effort established through the QEP designed to improve students' overall well-being. SARC partners with Be|Well to provide activities and programming focused on physical activity and food insecurity.

Student Success Stories

“ When I started PT school, I was worried that the gym wouldn't have enough equipment or that I wouldn't have enough time to continue on my strength training journey. As school began in July of '21, I had just gotten back to the strength I had before COVID shut the gyms down. I had been using a public gym at home and missed using a school-based gym with people my age who I had things in common with and could trust. Through my use of the gym, I was able to get stronger than I had ever thought possible. Six months later, I ran my first 10k and finished near the top 10% of racers at the Cowtown event. I've used the fitness center for both sides of the spectrum of my training and will continue for my last few months here as I'm now training for the half marathon next year. I probably spent more time in the fitness center than I did studying, and I will miss it so much when I'm gone! ”

- DPT Student about the Fitness Center

“ Being an international student, these resources have helped tremendously in these two years as a student. I came to the USA without any knowledge of where to shop for groceries and without a car. ”

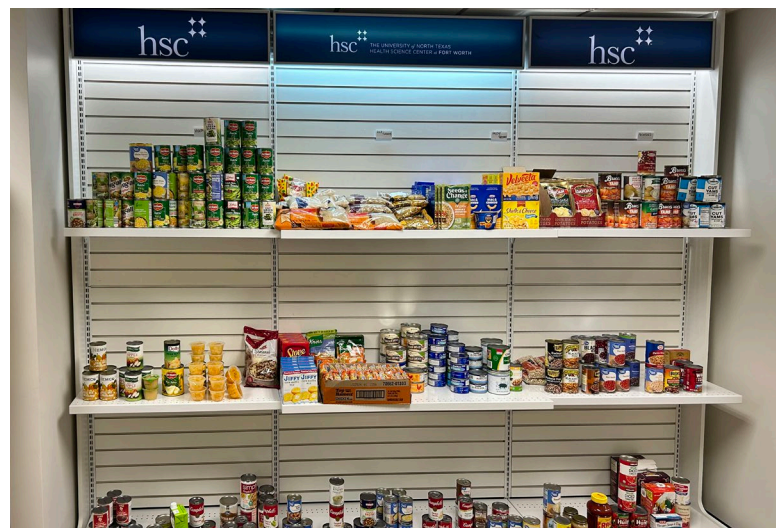
- HSC Student about the Food Pantry

“ Thank you so much for guiding me through the hardest part of my PA education. I am so thankful that I had your kind and patient counseling. Thank you for teaching me things I didn't know I needed to learn and some of the most important lessons I gained from PA school. I am very excited to begin my career as the better person that you have helped me to become. ”

- PA Student about the Pathways Program

“ I sought out a health coach of my own through HSC in order to not only see what it is like to be on the client end, but also to help me envision a life of thriving and intentionality toward health and well-being after many years working as a social worker and crisis counselor in schools and getting very burned out. It has been an excellent role model in terms of how I want to show up for others when I start coaching ... allowing me to reflect and gain insight into how to build a stronger foundation of health for myself. ”

- MSLS Student about Wellness Coaching





INTERNATIONAL SERVICES OFFICE

Department Overview

The International Services Office provides immigration advising services to students, scholars and employment-based visa holders with navigating complex immigration regulations. ISO also organizes and collaborates on community building efforts.

Signature Programs and Services

International Student Orientation

ISO provides orientation for all international students, scholars and employees as a way to make the transition to life in the United States as smooth as possible.

Employee Assistance for International Students and HSC Employees

Team members assist faculty mentors and administrative personnel on visa sponsorship for foreign nationals. The office also facilitates the permanent residency sponsorship process by liaising with contracted outside legal counsel, sponsoring departments and HSC employee beneficiaries.

Workshops and Presentations

The ISO staff hosts various presentations and workshops for students to learn about their employment benefits, find ways to help them transition to living in the U.S., and promote cultural awareness among international students, faculty and domestic students.

International Education Week

ISO organizes a series of events to celebrate International Education Week. The purpose of the week is to enhance cultural and international education awareness across HSC and recognize the value of the exchange of students and scholars across borders.

Office Highlights



109

International
students

37

International faculty
and staff, and scholars



31

Countries
represented

Collaborative Initiatives

Fort Worth Tour

ISO, in partnership with the College of Public Health and the College of Biomedical and Translational Sciences, invites students to discover Fort Worth through an exclusive tour that showcases the city's historical landmarks, providing a rich, contextual introduction to their new home.

Academic Integrity Awareness

In collaboration with the Office of Care and Civility, the department enhanced International Student Orientation by discussing the repercussions of academic integrity violations. The ISO team also provided students with academic resources and strategies to encourage proactive, self-directed learning behaviors.

Student Success Story

“ I am an international student from Nepal. I finished my undergraduate studies from Louisiana and moved here to HSC for my work as a research assistant in 2020. As I was transitioning from employee to student, I had a great help from the international office as I needed to transfer my SEVIS from my previous Designated School Official. It was really easy to reach out to the office, and I still remember when I was calling the office and had a Zoom meeting where I learned about all the processes on my transition. Thank you. ”

- Biomedical Science PhD International Student, Class of 2028





CENTER FOR ACADEMIC PERFORMANCE

Department Overview

The Center for Academic Performance is committed to partnering with all HSC students to help them meet their personal and academic goals by providing comprehensive academic support.

Signature Programs and Services

Academic Counseling

In collaboration with students, CAP's learning specialists enhance academic performance through personalized consultations, strategic planning and targeted academic support workshops.

Tutoring Services

CAP provides a range of tutoring options to help students navigate and master the rigorous curriculum, including individual sessions, small and large group tutorials and drop-in assistance.

Writing Support

CAP offers students feedback on their writing, both online and in-person, focusing on structure, logic, organization, development, style and syntax to sharpen their writing skills.

Pre-Matriculation Workshops

CAP hosts low-cost summer workshops that refresh essential knowledge and introduce high-yield concepts crucial for academic success. These workshops also familiarize students with the curriculum's teaching styles and facilitate connections with future classmates.

Office Highlights



876

Academic Counseling appointments conducted with **576** unique students

335 writing appointments by **138** unique students

164 online writing submissions by **104** students



2,032

One-hour tutoring sessions by **237** unique students and **92** tutors

Collaborative Initiatives

College of Public Health Pre-matriculation Workshop

CAP collaborated with the College of Public Health for its first pre-matriculation workshop. The CAP team presented six sessions about giving professional presentations, how to read research, how to create a writing timeline, APA basics, how to avoid plagiarism and how to write an effective discussion board post.

Research Appreciation Day

CAP collaborated with the library to present “How to Write an Abstract for Research Appreciation Day.” This led to more students requesting to have their abstracts reviewed by the CAP writing coordinator.

Academic Success Strategies

CAP collaborated with TCOM’s clerkship director in the Department of Family Medicine and Osteopathic Manipulative Medicine to present about time management, preparing for the end of rotation exams, and setting priorities, balance and boundaries.

Alumni Tutors

CAP collaborated with the Physician Assistant Studies program, College of Pharmacy and College of Public Health to connect and hire alumni to provide tutoring services for students.

Student Success Story

“Over my time here at HSC, I’ve faced many challenges, and yet the one thing that remained consistent was CAP and its support for students. One course in particular, I had a really hard time passing. It took me multiple attempts to finally pass the course. Once I started scheduling tutoring appointments and utilized their Large Group Tutorials, I didn’t just pass that course, I scored a B — a higher grade than I made in my undergraduate studies! I was grateful to a lot of supportive people in my life but most definitely those at the Center for Academic Performance. CAP helps students to meet expectations and achieve goals while still holding us accountable. I’m so grateful we have access to a program like CAP!”

– College of Biomedical and Translational Sciences Student



BE|WELL

Department Overview

Be|Well is the quality enhancement plan designed to improve the overall well-being of HSC students as they navigate through their journey to becoming the health care providers and professionals of the future.

Signature Programs and Services

HSC Well-Being Model

The HSC well-being model contains four domains: Knowing Yourself, Working with Others, Navigating Individual Needs and Community Belonging. Curated programming related to these domains allows students to explore their own values, purpose, emotional intelligence, global consciousness, social and networking skills, and physical, emotional and financial well-being. The model's final domain explores students' professional community and ways they can serve their community.

Emotional Intelligence Champions

EI Champions are designated faculty members from each HSC academic program who have been trained to administer and interpret the EQi 2.0 and oversee the administration and debriefing activities for students related to emotional intelligence.

Well-Being Champions

The Well-Being Champion program is a distinctive opportunity for faculty and staff to serve HSC and develop leadership skills associated with the Quality Enhancement Plan. Well-Being Champions frequently coordinate well-being-related activities into the curricular and cocurricular experience of their academic program.

Be|Well Week (One time each semester)

Be|Well Week is an initiative involving the campus and the community to promote student well-being. The event is customized each semester to cater to the specific needs of the students, and it offers them a chance to familiarize themselves with the various resources available on campus and in the community while exploring aspects of well-being.

Program Highlights

BE | WELL WEEK

~190 Overall participation
(fall 2023)

~160 Unique
students

In order to develop professionals of the future who can successfully care for themselves as well as others, the QEP Planning Committee developed three Student Learning Outcomes designed to enhance HSC student well-being.

1. Students will identify concepts associated with well-being, emotional intelligence and resilience.
2. Students will create a stress management growth plan as part of the emotional intelligence pathway program.
3. Students will develop capacities for resilience to support their success in school and future professions.

Collaborative Initiatives

Resource Fair

A collaborative event hosted by the Be|Well team in partnership with various Student Affairs offices and organizations. The resource fair offers students a chance to connect with essential services, gather valuable information, and build networks and engage with services from academic support to health resources. This is an ideal setting for students to find tools and connections that will support their journey at HSC and beyond.

Build Your Routine with CAP

The Build Your Routine with CAP event, a collaborative effort with the Center for Academic Performance, offered students practical strategies to develop effective and personalized study routines. Participants gained valuable tools to enhance their academic productivity and resilience, fostering a foundation for success throughout their educational journey at HSC.

Mindful Zones

The Mindful Zones program leverages the expertise of campus partners to encourage students to engage in mindfulness practices at designated areas around campus like the Community Garden, The Mindful Corner, HSC dining areas and the IREB Medicinal Garden. Mindfulness practices can encourage calmness, provide the ability to cope and reduce symptoms of anxiety and depression.



We invite all members
of our campus community
to be a part of **Be|Well.**



Student Success Story

“ The variety of activities and resources available truly impressed me. I appreciated the opportunity to interact with different booths and learn about the various campus and community resources available to support me. ”







3500 Camp Bowie Blvd.
Fort Worth, Texas 76107
unthsc.edu | 817-735-2000