

Kayla Kenney Tillett, MPH

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School of Public Health
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Personal Profile

Public health professional striving to help all people live healthier and happier lives through health programming, education, promotion, research, and advocacy.

Education

PhD	Doctor of Philosophy Concentration: Health Behavior Research University of North Texas Health Science Center	Anticipated Completion: May 2026
MPH	Master of Public Health Concentration: Community Health Promotion George Mason University	August 2019 GPA: 3.94
B.S.	Bachelor of Science Major: Community Health George Mason University Honors College Study Abroad: Public Health in the U.K.- January 2018	May 2018 GPA: 3.42

Honors and Awards

College of Health and Human Services Outstanding Mason Core Instructor	2021
College of Health and Human Services Outstanding Mason Core Instructor	2019
The Good News Community Kitchen Volunteer of the Year Award	2018
Outstanding Service to the Honors College Award	2018
College of Health and Human Services Distinguished Scholars Award	2017

Publications

Peer-Reviewed Publications

Rossheim, M.E., Gonzalez-Pons, K.M., **Tillett, K.K.**, Treffers, R.D., Trangenstein, P.J., Lerch J., Taxman, F.S., Greene, K.M., LoParco, C.R., & Jernigan, D.H. (2023). Alcopops Disproportionately Consumed by Minors in Sexual Assault Cases. *Health Behavior Research*.

LoParco, C.R., Olsson, S., Sekhon, V., **McDonald, K.K.**, Yockey, R.A., Livingston, M.D., Trangenstein, P.J., & Rossheim, M.E. (2023). Associations between Delta-8 THC and Four Loko retail availability in Fort Worth, Texas. *Health Behavior Research*.

Rossheim, M.E. LoParco, C.R., Walker, A., Livingston, M.D., Trangenstein, P.J., Olsson, S., **McDonald, K.K.**, Yockey, R.A., Lunningham, J.M., Kong, A.Y., Henry, D., Walters, S.T., Thombs, D.L., & Jernigan, D.H. (2022). Delta-8 THC Retail Availability, Price, and Minimum Purchase Age. *Cannabis and Cannabinoid Research*. doi: 10.1089/can.2022.0079

Rossheim, M.E., Peterson, M.S., Livingston, M.D., Dunlap, P., Tran, K., Emechebe, O.C., **McDonald, K.K.**, Trangenstein, P.J., Treffers, R.D., Jernigan, D.H., & Thombs, D.L. (2022). Eye-tracking to Examine Alcohol Product Packaging Appeal Among Young People. *American Journal of Drug and Alcohol Abuse*. doi: 10.1080/00952990.2022.2129062

Rossheim, M.E., **McDonald, K.K.**, Soule, E.K., Gimm, G.W., Livingston, M.D., Barnett, T.E., Jernigan, D.H., & Thombs, D.L. (2020). Electronic Cigarette Explosion/Burn and Poisoning Related Emergency Department Visits, 2018-2019. *American Journal of Emergency Medicine*, 38(12), 2637-2640 doi: 10.1016/j.ajem.2020.08.017

Rossheim, M.E., Livingston, M.D., Krall, J.R., Barnett, T.E., Thombs, D.L., **McDonald, K.K.**, & Gimm, G.W. (2020). Cigarette Use Before and After the 2009 Flavored Cigarette Ban. *Journal of Adolescent Health*, 67(3), 432-437. doi: 10.1016/j.jadohealth.2020.06.022

Rossheim, M.E., Thombs, D.L., Treffers, R.D., Trangenstein, P.J., **McDonald, K.K.**, Ahmad, R., Siklo, S.S., Gonzalez-Pons, K.M., Suzuki, S., & Jernigan, D.H. (2019). Price of Four Loko in Large U.S. Cities, 2018. *Alcoholism: Clinical and Experimental Research*, 43(7), 1585-1590. doi:10.1111/acer.14080

Text Publications

McDonald, K.K. (2020). Physical fitness/activity. In D. Karczmarczyk & S.A. Milstein (Eds.), *Men's Health* (Chapter 14). Routledge.

Scientific Conference Presentations

LoParco, C. R., **McDonald, K.**, Walker, D., Agwuncha, T., Shah, M., Boezinger, M. Trangenstein, P., Livingston, M. D., Yockey, A., Thombs, D., & Rossheim, M. E. (March 2022). Are Retail Sales of Delta-8 THC and Four Loko Associated? Findings from Fort Worth, Texas. Poster presented at The University of North Texas Health Science Center (UNTHSC) Annual Research Appreciation Day (RAD), Fort Worth, Texas.

LoParco, C. R., Walker, A., **McDonald, K.**, Pathak, S. S., Eggleston, J., Olsson, S., Yockey, R. A., Lunningham, J., Kong, A., Henry, D., & Rossheim, M. E. (March 2022). Descriptive characteristics of Delta-8 THC retailers in a large metropolitan city. Poster presented at The University of North Texas Health Science Center (UNTHSC) Annual Research Appreciation Day (RAD), Fort Worth, Texas.

LoParco, C.R., **McDonald, K.**, Rossheim, M.E., Trangenstein, P., Walker, D., Livingston, M.D., Yockey, R.A., & Thombs, D. Associations Between Retail Sales of Delta-8 THC and Four Loko in Fort Worth, Texas. Poster Presentation by Cassidy LoParco at the 2022 American Academy of Health Behavior (AAHB) Meeting in Key Largo, FL, March, 2022.

Rossheim, M.E., LoParco, C.R., Walker, A., Livingston, M.D., Olsson, S., **McDonald, K.K.**, Yockey, R.A., Lunningham, J., Kong, A., & Henry, D. Delta-8 THC Retail Sales in Fort Worth, Texas. Poster Presentation by Matthew Rossheim at the 2022 American Academy of Health Behavior (AAHB) Meeting in Key Largo, FL, March, 2022.

Rossheim, M.E., Cavazos, T., Soule, E.K., Zhao, X., Ahmad, A., Suzuki, S., Barnett, T.E., Emechebe, O., **McDonald, K.**, Thombs, D.L. Aerosol, vapor, or chemicals? College students' perceived harmfulness of electronic cigarette emissions. Poster Presentation by Matthew

Rossheim at the 20th Annual American Academy of Health Behavior Meeting, March 9, 2020, Napa, CA.

McDonald, K.K., Siklo, S.S., Ahmad, R., Rossheim, M.E., Treffers, R.D., Trangenstein P.J. Price of Four Loko in Large U.S. Cities, 2018. Oral Presentation by **Kayla K. McDonald**, Sieka Siklo, and Reema Ahmad at the 2019 CHHS Celebration of Scholarship in Fairfax, VA, May 3, 2019.

McDonald, K.K., Ahmad, R., Siklo, S.S., Rossheim, M.E., Treffers, R.D., Trangenstein P.J. Price of Four Loko in Large U.S. Cities, 2018. Poster Presentation by **Kayla K. McDonald**, Reema Ahmad, and Sieka Siklo at the 2019 Annual Conference of the Virginia Public Health Association (VAPHA) Meeting in Fairfax, VA, March 29, 2019.

Relevant Work Experience

Graduate Research Assistant August 2023-Present
Department of Health Administration and Health Policy
School of Public Health
University of North Texas Health Science Center, Fort Worth Texas

Assistant Project Coordinator 2019-Present
Tobacco-Free Mason Project
American Cancer Society & The Truth Initiative
George Mason University, Fairfax, VA

Adjunct Faculty 2019-2023
Department of Global and Community Health
College of Public Health
George Mason University, Fairfax, VA

Health and Outdoor Education Coordinator 2023
Department of Healthy Lifestyles
Boys and Girls Clubs of Metro Denver, Denver, CO

Health and Outdoor Education Specialist 2022-2023
Department of Healthy Lifestyles
Boys and Girls Clubs of Metro Denver, Denver, CO

Administrative Assistant- Training & Compliance 2019-2023
Recreation, Family Support, and Human Resources Department
The Arc of Greater Prince William, Woodbridge, VA

Master's Practicum Intern 2019
Recreation, Family Support, and Human Resources Departments
The Arc of Greater Prince William, Woodbridge, VA

Circle of Support Conference Childcare Coordinator 2015-2019
Family Support Department
The Arc of Greater Prince William, Woodbridge, VA

Volunteer Research Assistant 2018-2023
 Department of Global and Community Health
 College of Public Health
 George Mason University, Fairfax, VA

Volunteer Teaching Assistant 2018
 Department of Global and Community Health
 College of Public Health
 George Mason University, Fairfax, VA

Admissions Counselor 2018
 Office of Admissions
 George Mason University, Fairfax, VA

Admissions Representative 2014-2018
 Office of Admissions
 George Mason University, Fairfax, VA

Telecounseling Supervisor 2015-2018
 Office of Admissions
 George Mason University, Fairfax, VA

Volunteer Teaching Assistant 2017
 Office of Admissions
 George Mason University, Fairfax, VA

Teaching Experience

George Mason University February 2019- May 2023
 Adjunct Faculty, Department of Global and Community Health

Course Name	Student Level	Course Structure	Average Number Students/Section	Sections Taught
GCH 300: Introduction to Public Health	Undergraduate	Virtual synchronous	45	4
		Virtual asynchronous		
GCH 310: Health Behavior Theories	Undergraduate	Virtual synchronous	40	2
		Virtual asynchronous		
GCH 325: Stress and Well-Being	Undergraduate	Virtual asynchronous	42	2
GCH 350: Health Education and Promotion	Undergraduate	In-person synchronous	40	5
		Virtual asynchronous		

		Virtual hybrid		
GCH 411: Health Program Planning and Evaluation (Writing Intensive)	Undergraduate	In-person synchronous Virtual asynchronous	25	14

George Mason University

August 2017-July 2018

Volunteer Teaching Assistant, Department of Global and Community Health & Office of Admissions

Course Name	Student Level	Course Structure	Average Number Students/Section	Semester Assisting
UNIV 108: Mason Transitions	Undergraduate	In-Person Synchronous	12	Fall 2017
GCH 411: Health Program Planning and Evaluation (Writing Intensive)	Undergraduate	In-Person Synchronous	25	Summer 2018

Activities and Extracurricular Involvement

Volunteer, Circle of Support Conference & Recreation The Arc of Greater Prince William, Woodbridge, VA	2006-Present
Board of Directors, Elected Secretary The Good News Community Kitchen, Occoquan, VA	2017-2020
Volunteer, Outreach & Operation The Good News Community Kitchen, Occoquan, VA	2017-2020
Volunteer, Co-Event Chair Relay for Life/Colleges Against Cancer American Cancer Society George Mason University, Fairfax, VA	2016-2017
Volunteer, Co-Accounting Chair Relay for Life/Colleges Against Cancer American Cancer Society George Mason University, Fairfax, VA	2015-2016
Volunteer, Survivorship Chair Relay for Life/Colleges Against Cancer American Cancer Society George Mason University, Fairfax, VA	2014-2015

Key Skills & Certifications

- Blackboard proficiency
- Microsoft Office Suite Applications
- Google Suite proficiency
- IBM SPSS proficiency
- Stata Proficiency
- Qualtrics Proficiency
- Relias training software proficiency
- CITI Human Research Training
- Public Health Training Center, Exploring Cross-Cultural Communication Certification
- The Arc of Greater Prince William/ INSIGHT, Inc. Human Rights/HCBS Training
- The Arc of Greater Prince William/ INSIGHT, Inc. OSHA Training
- American Red Cross First Aid Certified- Expires March 28, 2024
- American Red Cross Adult CPR/AED Certified- Expires March 28, 2024
- NASP Basic Archery Instructor (BAI) Certification- October 20, 2022
- ServSafe Food Handler Certification- July 1, 2021
- Mental Health First Aid Certification- April 2021
- FEMA Certifications:
 - IS 230: Fundamentals of Emergency Management
 - IS 240: Leadership & Influence
 - IS 0036.a: Preparedness for Child Care Provider