WHAT IS CLEAN AIR ACTION DAY?

Clean Air Action Day (CAAD) is a day for North Texans to come together to take action for clean air. The annual celebration is put on by Air North Texas, and this year looks a little different due to the pandemic. Many social distancing strategies such as working remote, can double as clean air strategies in the fight against COVID-19.

To take the CAAD pledge and get ideas on steps you can take, go to airnorthtexas.org/socialdistancing. Be sure to enter UNTHSC under “Organization”.

AIR QUALITY FACTS

- North Texas remains in nonattainment for ozone pollution.
- Ozone at ground level is a harmful pollutant and is the main ingredient in smog according to the EPA.
- Primary emissions of ozone include off-road vehicles such as lawn and construction equipment, aircraft, etc.; on road vehicle; cement and power plants; area sources such as oil drilling, paint shops, and dry cleaners; and biogenic sources like forest fires.
- Persons with asthma or respiratory problems and young children are especially susceptible to harmful effects from ground-level ozone.

Source: airnorthquality.org/airquality

WAYS YOU CAN TAKE ACTION

- Sign up for air pollution alerts by clicking here. You’ll be notified when ozone levels are predicted to be unhealthy so you take precautions and limit actions that would add to poor air quality.
- Familiarize yourself with the Air Quality Index (AQI) which helps people understand the severity of pollution and the related health impacts. Click here and scroll to the bottom. Click on the colors to learn more.
- Have kids? Here are some resources for parents or teachers to help children understand the importance of our actions.
- Check out the Clean Air Corner which provides articles for North Texans. Some include “Sustainable Summer Activities” and “Tips for Working From Home”.

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