

Updated HSC COVID Guidelines

COVID Guidelines:

COVID STATUS	TARGETED POPULATION	ISOLATION/QUARANTINE PERIOD
Confirmed Positive COVID-19 test result	Everyone, regardless of vaccination status	<ul style="list-style-type: none">• Isolate for 5 days. If you have no symptoms or symptoms are resolving after 5 days, end isolation.• Recommended to wear a mask around others for 5 more days.
Exposure to someone with COVID-19 (Exposure defined as < 6 feet for > 15 minutes over a 24-hour period)	Everyone, regardless of vaccination status	<ul style="list-style-type: none">• Recommended to wear a mask around others for 10 days• Test on day 5, if possible• If develop symptoms at any point, isolate and get a test

***HSC clinical students doing clinical rotations are to adhere to the COVID guidelines of their host clinical rotation site.**

Criteria to safely return to campus:

- 5 days have passed since any symptoms first appeared OR continue to NOT experience any symptoms if asymptomatic (i.e. cough, shortness of breath)
- Improvement of symptoms (Symptoms other than fever do not need to be fully resolved)
- \geq 24 hours have passed since last fever without use of fever reducing medications

Note. Prolonged symptom expression in individuals who are immunocompromised may require longer isolation periods.

References:

<https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>