

SERVE OTHERS FIRST NEWSLETTER

September 2019

REEL Adventures program

The Fort Worth Museum of Science & History is throwing a themed science and STEAM based activity in September & October.



FORT WORTH MUSEUM
SCIENCE AND HISTORY

The theme is *H*

ARRY POTTER and the Chamber of Secrets. The museum is looking for volunteers for the event days. Shifts are from 5:15 to 7:30 PM, on

* Friday, 9/20 * Friday, 9/27

* Saturday, 9/28 * Saturday, 10/5

Sign up [HERE](#) or reach out to Whitney Fournier at WFournier@fwmsch.org

Here are several opportunities to Serve Others First! As a reminder, we aim to track all service hours. Any volunteer hours completed *on or after Sept. 1, 2018*, should be logged [HERE](#). Please do not submit hours in which your department has already accounted for. Please email [Sara Correa](#) with questions or concerns.

Samaritan House

Samaritan House serves three meals a day to their residents living with HIV/Aids. Their kitchen crew cooks breakfast and lunch daily. However, they rely on volunteers to bring in dinner. **Dinner is served around 5:30 pm each night.** They currently have a few dates coming up that need to be filled:

- Thursday, September 5th
- Wednesday, September 11th
- Sunday September 22nd
- Sunday, September 29th

Volunteer groups can bring food that is prepared, or they can make the meal in our commercial kitchen. Meals can be anything you wish to share. The volunteers can clean up and leave after dinner, or they can bring in an activity to enjoy with the residents. **If you'd like to sponsor a meal, please contact Tasha Reid at treid@samaritanhouse.org or 817-509-1691.**

SERVE
OTHERS
FIRST



SAMARITAN HOUSE™
Where there's a home, there's hope.

Take Steps Walk



Our local C&C chapter is gearing up for the 2019 Fort Worth Take Steps Walk which is being held on Saturday, September 28th at Fort Worth's Trinity Park. The Crohn's & Colitis Foundation is seeking volunteer support for the day of activities. Funds raised through Take Steps help to propel our mission efforts aimed at improving the lives of IBD patients here in North Texas. They are seeking volunteer help with check-in/registration, kid's area, and ice & water stations, event set up and break down. Volunteer Shift 7:00 am to 12:00 pm. If you are available to volunteer, please email Vernessa Thomas at vthomas@crohnscolitisfoundation.org, asap with name, email address, and t-shirt size.

Wheels for Wellness Benefit Car Show

Wheels for Wellness is in need of volunteers for their annual car show. This benefits screening, care and the cure for prostate cancer. The event is Saturday September 21st in Downtown Fort Worth. They have multiple shifts and tasks available. For questions, please contact Tamara DaSantos at tamdass15@gmail.com or at 817-505-3058. Sign up [HERE!](#)



American Heart Walk

Fort Worth's American Heart Walk needs volunteers! By participating in the Heart Walk, you're joining a million Heart Walk Heroes from across the nation raising funds for lifesaving science. The AHA has multiple volunteer shifts and duties available. The walk will be at Will Rogers Memorial Center on September 14, 2019. Check-in starts at 8AM. Sign up to volunteer [HERE!](#)



For questions, please reach out to Jennifer Hill, at jen.hill@heart.org or at 817-698-5421

Taste Project

Taste Project is a non-profit, pay-what-you-can restaurant located in Fort Worth, TX. They are seeking individual and group volunteers to serve on their Welcome Team (hostess), Service Team (busser, food runner, barista, server - aka waiter/waitress), or Kitchen Team (food prep, line cook). Individuals are asked to commit to a 3-hour shift, while groups are asked to commit to 5-hour shifts. Taste Project will offer all training on-site, so no experience is necessary. Volunteers are *not* required to hold a Food Handler's Certificate. Register to volunteer [HERE](#). For **individual** volunteers, contact Jen Langenberg at jen.langenberg@tasteproject.org with questions. For **group** volunteers, contact Haleigh Wallace at haleigh.wallace@tasteproject.org with questions.



Convoy of Hope

Convoy of Hope serves guests of honor-in dozens of communities throughout the world-by providing them with free groceries, health and dental screenings, haircuts, family portraits, meals and much more at our community events. They need volunteers on **Saturday, Sept. 28 at Southwest High School** on 4100 Altamesa Blvd in Fort Worth, TX. All volunteers are **required** to attend the **Volunteer Rally on Friday, Sept. 27 at 7:00 pm at Christ Church** on 5301 Altamesa Blvd in Fort Worth, TX.

[SIGN-UP TO VOLUNTEER HERE!](#)

Agape Meal

Fort Worth's Broadway Baptist Church host's a weekly meal and worship service for our hungry and homeless neighbors. Their goal is to not only feed the hungry but to create a place and set a time to build relationships that celebrate the gifts of all our community members. Volunteer orientation for servers and table hosts starts at 5:30 pm, ending around 7 PM. The organization is always looking for groups who are willing to prepare and serve a Thursday night meal. For more information or to sign up contact their community center Director, Dawn Shepard at dshepard@broadwaybc.org or 817-336-5761, ext. 8239



American Red Cross



American Red Cross

SOUND THE ALARM! Our local Red Cross is planning a special smoke alarm installation event! Help save lives and prevent injury by participating in the Sound the Alarm, free smoke alarm installation event with the American Red Cross and local colleges/universities. Teams of 3 volunteers will install free smoke alarms in a local at-risk neighborhood. Volunteers will be organized into teams that will consist of 1 Smoke Alarm Installer, 1 Safety Educator and 1 Document Recorder. Previous experience is not required, on-sight training will be provided. All community members are welcome to participate! Volunteers under 18 must have parental consent. A parental consent form is located on the registration page. The event will be held on Saturday, October 5th from 9:00 AM to 1:00 PM. The location will be in Fort Worth but has yet to be determined. If interested in this event please register [HERE!](#) To volunteer for the Red Cross in other capacities, please reach out to volunteerntx@redcross.org

Texas Generational Services

Texas Generational Services bridges the gap between skilled nursing facilities and the community. Their primary mission: Taking action with urgency in order to meet the needs and wants of Skilled Nursing Facility Residents to improve the resident's Quality of Life. Please join our efforts to make a measurable difference in the lives of our society's most vulnerable population. Sign up [HERE](#) to volunteer with them!



Generational Services, Inc.

The Welman Project

The Welman Project serves as a free resource, distributing surplus materials from local companies for creative reuse in the classroom and beyond. Your trash is their treasure! They are always looking for donations and/or volunteers. Below are the volunteer hours as well as the donation drop-off hours. Volunteers will help sort through donations and organize items in storage areas.

- Monday - Thursday | 3:30 - 6:30 pm

Tuesday, Thursday, & Saturday | 9:00 am - 12:00 pm (They generally follow the FWISD calendar for holiday closures. Follow them on [Facebook](#) for current schedule information.)

To view donation drop-off information, please visit <http://www.thewelmanproject.org/give-stuff.html>. If you are interested in volunteering, please contact Vanessa Rohrer at vanessa@thewelmanproject.org.



Tarrant Area Food Bank

Help feed, educate and provide resources to hungry North Texans by volunteering at Tarrant Area Food Bank!

- **Have a passion for cooking and teaching others:** Share your talent and serve as a Nutrition Instructor, Culinary Instructor, or Course Assistant for Cooking Matters. Training and background check required.

- **Serve up something special for those in need:** Work alongside the Community Kitchen culinary students to assemble single serve meals for families in need!

Make a difference in 13 counties from one room: Be a part of something big and volunteer at the distribution center sorting and inspecting donated foods. Look for volunteer opportunities year-round marked "Quality Control."

To volunteer: Go to www.tafb.org/volunteer

Check out the available opportunities. If you are an individual, create a profile and register. If you are a group, complete the Group Volunteer Request Form.

Questions? Email volunteer@tafb.org



Computers for the Blind

Computers for the Blind (CFTB) is a non-profit, volunteer organization devoted to providing computers to persons who are blind or visually impaired. They need volunteers to go through a checklist of tasks necessary to refurbish computers. Volunteers will blow out the dust bunnies, wipe the hard drives, bring the computers up to specs, install Windows 10, and add accessibility software and much more. Training will be provided to volunteers upon arrival.

They offer multiple shifts weekly, so you can pick which one best fits your schedule. Reach out [HERE](#) if interested in donating or volunteering!



SHARE Volunteer and Service Opportunities with the UNTHSC Community!

To share any service opportunities, please forward details | information | or contacts to Sara Correa, sara.correa@unthsc.edu, 817-735-2254

UNTHSC Volunteerism and Service

Mission

Foster student volunteerism and service to create healthier communities

Vision and Values

University of North Texas Health Science Center (UNTHSC) demonstrating our values of Collaboration and Serve Others First

Objectives

Empower students to become servant leaders

Generate and communicate service opportunities

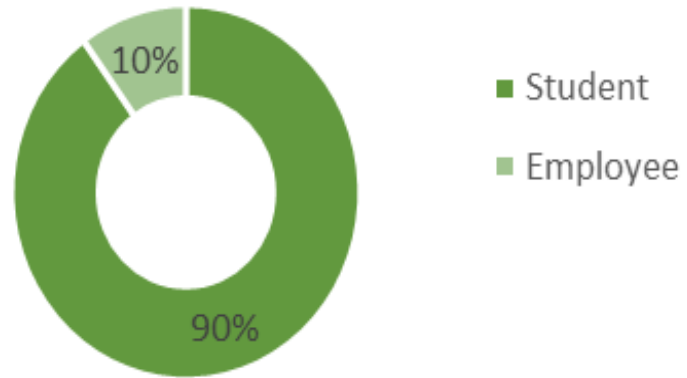
Enrich students' educational experience

Develop collaboration and professionalism

Foster students' growth and success

Track student volunteerism

Total Volunteer Hours



We had over **47,000** hours of service reported for FY 2017-2018.

Let's make this number bigger and better!

**Thank you to all the
students and employees
who are living our values
and positively impacting
our community!**

For questions, concerns or more information on volunteer opportunities, please reach out to the Community and Alumni Relations office

Alumni@unthsc.edu or 817-735-2254