

# WELCOME BACK TOOLKIT - CONNECTING WITH OTHERS

1

Kindness Rocks all week! library entrance next to the Java lab. Take a minute to paint one for a friend or take one for a little extra inspiration.

2

Healthy Relationships Presentation, courtesy of Jeremy Joseph. Click [HERE](#) or scan the QR code to learn more.



3

Connect with others by joining a Registered Student Organization (RSO). Click [HERE](#) or Scan the QR code to learn more.



4

Sign up at the Fitness Center and bring a friend! Click [HERE](#) to learn more and click [HERE](#) to see our Group Exercise schedule.



5

Click [HERE](#) or scan the QR code to check out our July Newsletter for some practical health tips!



CLICK [HERE](#) OR SCAN  
THE QR CODE TO  
REFER A PERSON OF  
CONCERN.

