

DID YOU KNOW?

"Each vape pod contains 20 cigarettes worth of nicotine"

(Prochaska et al., 2022)

24.7% students on our campus reported nicotine delivery product usage in their life (NCHA, 2020).

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Vaping harms
parts of the brain
that control
learning,
attention, mood,
and impulse
control

Heavy metals in vape vapor cause damage by building up in blood and organs.

Exploding batteries of vape can cause skin burns. Vape aerosol includes 31 chemicals that affect different parts of the body.

Ultrafine particles in vape causes coughing, wheezing, asthma attacks, and shortness of breath

Volatile organic compounds in vape cause nose, eyes, and throat irritation, and severe headaches



Sources https://pubmed.ncbi.nlm.nih.gov/33762429/ https://www.dshs.texas.gov/vaping/HealthIssues