

TED

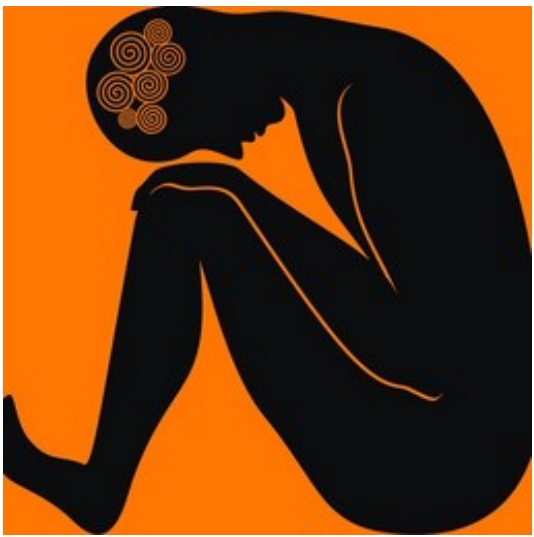
TALKS ON MENTAL HEALTH

The following are a collection of TED Talks on the topic of mental health.



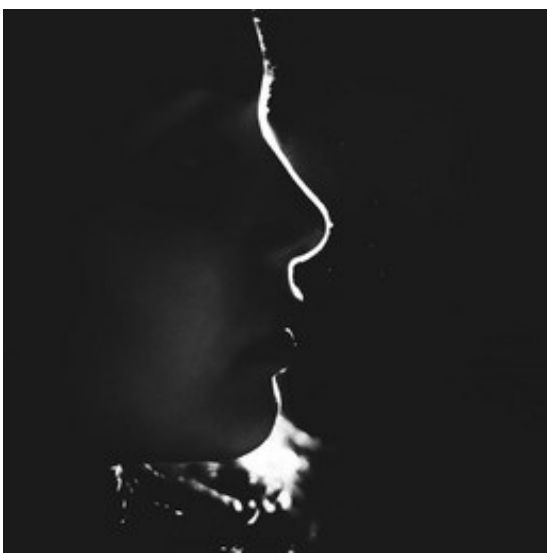
1 ALL KINDS OF MINDS

Impactful stories that shatter assumptions about mental illness and present the question: What can the world learn from different kinds of minds?



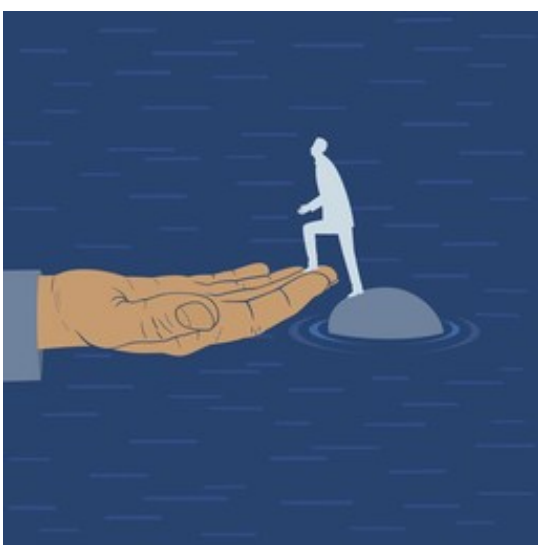
2 THE STRUGGLE OF MENTAL HEALTH

All too often, we feel mental illnesses are a private matter. These speakers courageously share their stories in hopes that others don't feel so alone.



3 OVERCOMING DEPRESSION

Listen to individuals talk about how their stories of depression and how they were able to overcome the illness.



4 LET'S END THE SILENCE AROUND SUICIDE

It can be difficult to talk about mental health with others. These brave individuals open up and offer ways to help others seek help so that you don't have to suffer in silence.

[REFER A PERSON OF CONCERN FORM](#)

IF YOU HAVE ANY QUESTIONS OR CONCERNS FOR THE HSC CARE TEAM ABOUT A STUDENT OR AN INCIDENT, CONTACT THE CARE TEAM AT (817) 735-2740 OR CARETEAM@UNTHSC.EDU