



1-800-273-8255

National Suicide Prevention Lifeline

Suicide Prevention Week: Sept. 9-14, 2019

DID YOU KNOW?



Suicide is the **10th** leading cause of death in the U.S across all ages.



Men make up **79%** of all suicides, while women are more prone to having suicidal thoughts.



There are **2 times** as many deaths due to suicide than HIV/AIDS.



The **TADS study** showed that **80-90%** people who had explored treatment for depression were treated successfully using therapy and/or medication.



More than **1 in 5** people who completed suicide had expressed their suicide intent.



Come & Join our Events!!

Monday :Sept. 9th

How do You Know if a Friend Needs Help? Attend
Question- Persuade-Refer (QPR)
Training



IREB 240, 12-1PM

Snacks Provided!

Thursday: Sept. 12th

Stop by to Learn about Campus
& Community Resources
MET Lobby, 12:30-1:30pm



Friday :Sept. 13th

How do You Know if a Friend Needs Help? Attend
Question- Persuade-Refer (QPR)
Training



IREB 240, 12-1PM

Snacks Provided!

Tuesday: Sept. 10th

Self-Harm & Suicide Prevention
Guest Speaker from Mesa Springs



IREB 230, 12-1PM

Lunch Provided for the First 25 People!

Wednesday: Sept. 11th

Local impact of Suicide Prevention
Dr. Cynthia Claassen



MET 125S, 12-1PM

Lunch Provided by the Psychiatric Club!

Care Team:

Contact: 817-735-2740

CareTeam@unthsc.edu

WellConnect Student Assistance Program:

6 Free counseling sessions to students & their family members.

24/7 Phone: 866-640-4777

Website:

wellconnectbysrs.com

Code: UNTHSC

Student Food Pantry

-Any current UNTHSC student in need can visit the food pantry.
Location- **SSC 232.**

Time: **8am-5pm [Mon-Fri].**

#BeWell

UNT HEALTH
SCIENCE CENTER

OFFICE OF CARE & CIVILITY