

# APRIL IS SEXUAL ASSAULT AWARENESS MONTH

*April is Sexual Assault Awareness Month – a time to raise awareness, support survivors, and promote a culture of prevention and consent.*

## WHAT IS SAAM?

Sexual Assault Awareness Month (SAAM) is a national movement to bring attention to sexual violence and educate individuals and communities on how to prevent it. The National Sexual Violence Resource Center (NSVRC) leads this initiative, providing resources and tools to foster safe and respectful environments. Learn more at [www.nsvrc.org/saam](http://www.nsvrc.org/saam).




## HOW CAN YOU GET INVOLVED?

- **Believe and Support Survivors** – Listen without judgment and [learn to provide support](#) without increasing the survivors' stress.
- **Educate Yourself and Others** – Learn about consent, [bystander intervention](#), and available resources.
- **Participate in Denim Day** – Wear denim on Denim Day (**April 30**) to stand against victim-blaming and show support for survivors of sexual violence. Learn more at [www.denimdayinfo.org](http://www.denimdayinfo.org).
- **Spread Awareness** – Use your voice on social media, in conversations, and in your community. Share information using #SAAM to spread awareness.
- **Know the Resources** – If you or someone you know needs support, help is available.


# SUPPORT AND RESOURCES AT HSC

If you or someone you know has experienced sexual violence, you are not alone. There are confidential and supportive resources available to help.

## HSC Care Team

-  [careteam@unthsc.edu](mailto:careteam@unthsc.edu)
-  817-735-2740
-  [HSC Care Team Website](#)

## Title IX Support

- For questions regarding Title IX protections and reporting options, contact:
  -  Interim Title IX Coordinator: [Larryisa.Thomas@untsystem.edu](mailto:Larryisa.Thomas@untsystem.edu)

# NATIONAL RESOURCES

If you or someone you know needs support beyond campus, these national organizations can help:

## National Sexual Assault Hotline (RAINN)

- Call 800-656-HOPE (4673)
- or visit [www.rainn.org](http://www.rainn.org) for confidential support.

## National Domestic Violence Hotline

- Call 800-799-SAFE (7233)
- or visit [www.thehotline.org](http://www.thehotline.org) for crisis support and resources.

## National Sexual Violence Resource Center

- Visit [www.nsvrc.org](http://www.nsvrc.org)

Discover more  
ways to help at  
**[NSVRC.org](http://NSVRC.org)**



**TOGETHER WE ACT. UNITED WE CHANGE.**



Office of  
Care and Civility