## **RESOURCES**

SAMSHA's National Helpline: (800)662-4357

National Alliance on Mental Illness (NAMI)

Helpline: (800) 950-6264

Fort Worth - MHMR of Tarrant County 3840 Hulen St, Fort Worth, TX 76107 (817) 569-4300



<u> Alcohol Screening.org</u>



Send text message REDUCE to 55753 for tips to reduce or quit drinking.

Fort Worth - Recovery Resource Council 2700 Airport Fwy, Fort Worth, TX 76111 (817) 332-6329



<u>The Glass House Alcoholics Anonymous</u> <u>Phone: (817) 732-8686</u>



## Some useful links -

https://youngpeopleinrecovery.org/resources/

https://www.mhmrtarrant.org/mental-health-services/

## **CAMPUS RESOURCES**

Care Team: Student Advocacy & Non-

**Clinical Case Management** 

On-Call Care Team Phone: 817-735-2740

Email: CARETeam@unthsc.edu



**Student Health Clinic: Medical and** 

**Psychiatric Services** 

Phone: 817-735-5051

Email: StudentHealth@unthsc.edu



