



**University of North Texas Health Science Center**  
**Office of Care and Civility**  
**Resource Guidebook: Abilene**

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THE UNIVERSITY *of* NORTH TEXAS  
HEALTH SCIENCE CENTER *at* FORT WORTH

TEL: 817 735-2000 | 3500 Camp Bowie Blvd., Fort Worth, Texas 76107 | [unthsc.edu](http://unthsc.edu)

# Table of Contents

<u>Campus Resources</u> .....	4
<u>Care Team</u> .....	4
<u>Career Center</u> .....	4
<u>Center for Academic Performance</u> .....	4
<u>Center for Aging and Alzheimer’s Disease Research</u> .....	4
<u>Community Garden</u> .....	4
<u>Earth Club</u> .....	4
<u>Financial Aid</u> .....	5
<u>Gibson D. Lewis Health Science Library</u> .....	5
<u>International Services</u> .....	5
<u>Office of Disability Accommodations</u> .....	5
<u>Office of Student Development-Student Diversity and Inclusion</u> .....	5
<u>Office of the Registrar</u> .....	5
<u>Office of Sustainability</u> .....	6
<u>Student Food Pantry</u> .....	6
<u>Student Health Clinic</u> .....	6
<u>HSC Fitness Center</u> .....	6
<u>LifeWorks</u> .....	6
<u>Community Resources</u> .....	6
<u>Mental Health &amp; Substance Abuse</u> .....	7
<u>Domestic Violence</u> .....	7
<u>Food &amp; Clothing Assistance</u> .....	7
<u>National Resources</u> .....	7
<u>Cultural Resources</u> .....	7
<u>Domestic &amp; Sexual Violence Resources</u> .....	8
<u>Environmental Resources</u> .....	8

[Financial Assistance](#).....9  
[Mental Health & Counseling Services](#).....9  
[Occupational Health Resources](#).....9  
[Physical Activity Resources](#) .....10

*Please note that the community and national resources listed are not meant to be comprehensive in nature and are not affiliated with HSC.*

*If you have any questions regarding resources, please don't hesitate to contact the Office of Care and Civility [OCC@unthsc.edu](mailto:OCC@unthsc.edu)*

# Campus Resources

**Care Team** | SSC 2<sup>nd</sup> floor | 817.735.2740 | [careteam@unthsc.edu](mailto:careteam@unthsc.edu)

<https://www.unthsc.edu/care-and-civility/care-team/>

- Contribute to healthier communities by assisting in protecting the health, safety and the
- HSC community
- Foster student success
- Provide a comprehensive response to students
- Report a Student of Concern: <https://unthsc.edu/studentofconcern>

**Career Center** | SSC 2<sup>nd</sup> floor | 817.735.5020 | [CareerCenter@unthsc.edu](mailto:CareerCenter@unthsc.edu)

<https://www.unthsc.edu/students/career-center/>

- Career Assessment
- Interviewing and Etiquette Skills
- Resume/CV. Cover Letter Assistance
- Job Fair and Job Posting Information
- Job Search Series

**Center for Academic Performance** | SSC 2<sup>nd</sup> floor | 817.735.2531 | [CAP@unthsc.edu](mailto:CAP@unthsc.edu)

<https://www.unthsc.edu/students/center-for-academic-performance/>

- Academic Counseling and Resources
- Learning and Study Strategies Assessments
- Writing Support
- Tutoring
- Workshops
  - Time Management
  - Test-Taking Skills
  - Paper Formatting
  - Learning Styles

**Institute for Health Aging** | 817.735.5408 | <https://www.unthsc.edu/healthy-aging/>

**Community Garden** | 3621 W. 7<sup>th</sup> Street, Fort Worth, TX 76107 | 817.735.2451 | <https://www.unthsc.edu/operations/sustainability/community-garden-locations-design/>

**Earth Club** | <https://orgsync.com/70114/chapter> | [earthclub@live.unthsc.edu](mailto:earthclub@live.unthsc.edu)

**Financial Aid** | SSC 1<sup>st</sup> floor | 817.735.2505 | [finaid@unthsc.edu](mailto:finaid@unthsc.edu)  
<https://www.unthsc.edu/financial-aid/>

- Loan Disbursement Dates
- External/Outside Scholarships
- Types of Aid and How to Apply
- Cost of Attendance
- Withdrawal/Leave of Absence/Return of Title VI Fund
- Special Circumstance Form

**Gibson D. Lewis Health Science Library** | 3500 Camp Bowie Boulevard, Fort Worth, TX 76107 | 817.735.2465 | <https://library.hsc.unt.edu/>

**International Services** | SSC 2<sup>nd</sup> floor | 817.735.2780 |  
<https://www.unthsc.edu/students/international-student-and-scholar-services/>

- Maintaining F1 Status
- CBP 1-94 Retrieval
- Internal Student Association

**Office of Disability Accommodations** | SSC 2<sup>nd</sup> floor | 817.735.2134 |  
<https://www.unthsc.edu/students/office-of-disability-accomodations/>

- Facilitates academic accommodations with documentation
- Assist students with class access concerns
- Liaison between students and department
- Coordinated equipment access for in-class use
- Works with students and professors regarding accommodations needed

**Office of Student Development-Student Diversity and Inclusion** | SSC 2<sup>nd</sup> floor | 817.735.5006 | <https://www.unthsc.edu/students/student-development/student-diversity-inclusion/>

**Office of the Registrar** | SSC 2<sup>nd</sup> floor | 817.735.2201 | [Registrar@unthsc.edu](mailto:Registrar@unthsc.edu)  
<https://www.unthsc.edu/students/registrar/>

- Loan Deferments
- Transcript Requests
- Enrollment Verifications
- VA Certification
- Add/Drop Classes
- Withdrawal/Leave of Absence

**Office of Sustainability** | Facilities Management, 3416 Darcy Rm. 110, Fort Worth, TX 76107 | 817.753.2451 | <https://www.unthsc.edu/operations/sustainability/contact-us/>

**Student Food Pantry** | 1051 Haskell Ave., Fort Worth, TX 76107 | Student Service Center, Suite 224 | 817.753.5172 | <https://www.unthsc.edu/care-and-civility/wellness-programs/food-pantry/>

- Free non-perishable food, toiletries, and limited kitchen utensils
- Occasional fresh herbs and produce
- Recipes and cooking tips

**Student Health Clinic** | PCC 3<sup>rd</sup> floor | 817.735.5051 | [StudentHealth@unthsc.edu](mailto:StudentHealth@unthsc.edu)  
<https://www.unthsc.edu/students/student-health/clinic-information/>

- Services: Primary Care and Psychiatric
- Consultation, evaluation, diagnosis, and treatment
- Prescribe, monitor, and manage medications

**HSC Fitness Center** | Founders Activity Center (FAC) Building, 3500 Camp Bowie Blvd, Fort Worth, TX 76107 | 817.735.2209 | <https://www.unthsc.edu/care-and-civility/fitness-center/>

**My SSP through LifeWorks (24/7 immediate and ongoing counseling)** | 866.743.7732 | [us.myissp.com](http://us.myissp.com) | or call or chat directly from the free My SSP app

- Cultural Adaptation
- Mental Health
- Student Life
- Relationships
- Anxiety
- Stress

## **Community Resources**

**[Please note that these resources are not meant to be comprehensive in nature and are not affiliated with HSC.]**

## Mental Health & Substance Abuse Resources

**NAMI Abilene** | 910 Cypress St., Abilene, TX, 79601 | 229.429.4535 |  
<https://namitexas.org/nami-abilene/>

**MHA of Abilene** | 525 Beech St. Room 302, Abilene, TX, 79601 | 325.673.2300 |  
<https://abilenemha.org/>

**Big Country Mental Health** | 1665 Antilley Rd. Suite 270, Abilene, TX, 79606 | 325.793.5254 |  
<https://bigcountrymentalhealth.com/>

**Oceans Behavioral Hospital** | 4225 Woods Place, Abilene, TX, 79602 | 325.691.0030 |  
<https://oceanshealthcare.com/abilene>

**Betty Hardwick Center** | 2616 South Clack, Abilene, TX, 79606 | 325.690.5100 |  
<https://bettyhardwick.org/services/adult-mental-health-services/>

## Domestic Violence Resources

**Noah Project** | 5802 Texas Ave., Abilene, TX, 79605 | 325.676.7107 | <https://noahproject.org/>

## Food & Clothing Assistance

**Food Bank of West Central Texas** | 5505 N. 1<sup>st</sup> St., Abilene, TX, 79603 | 325.695.6311 |  
<https://www.fbwct.org/>

**Baptist Social Ministries Food Pantry** | 618 S. Pioneer Dr., Abilene, TX, 79605 | 325.672.4193  
| <https://www.acallforhelp.info/zf/profile/service/id/29108>

## National Resources

[Please note that these resources are not meant to be comprehensive in nature and are not affiliated with HSC.]

## Cultural Resources

**National Association for the Advancement of Colored People (NAACP)** | 4805 Mt. Hope Drive, Baltimore, MD 21215 | 410.580.5777 or 877.622.2798 (toll-free) | <http://www.naacp.org/>

**NCAPA: List of National Coalition Members** | 1629 K Street NW, Suite 400, Washington, DC 20006 | 202.706.6768 | [http://www.ncapaonline.org/coalition\\_members](http://www.ncapaonline.org/coalition_members)

**League of United Latin American Citizens (LULAC)** | 1133 19<sup>th</sup> Street, NW, Suite 1000, Washington, DC 20036 | 202.833.6130 | <https://lulac.org/>

## **Domestic & Sexual Violence Resources**

**National Center for Victims of Crime** | 2000 M Street NW, Suite 480, Washington, DC 20036 | 202.467.8700 | <http://victimsofcrime.org/>

**National Child Abuse Hotline** | 1.800.422.4453 | <http://www.childhelp.org/>

**National Dating Abuse Helpline** | 1.866.331.9474 | <http://www.loveisrespect.org/>

**National Domestic Violence Hotline** | 1.800.799.7233 | <http://www.thehotline.org/>

**National Human Trafficking Resource Center** | 1.888.373.7888 or Text 233733 | <http://www.traffickingresourcecenter.org/>

**National Network to End Domestic Violence Hotline** | 1.800.799.7233 | <https://nnedv.org/>

**National Resource Center on Domestic Violence** | 1.800.799.7233 | <http://www.nrcdv.org/>

**National Sexual Assault Hotline** | 1.800.656.4673 | <https://www.rainn.org/>

**National Suicide Prevention Lifeline** | 1.800.273.8255 | <http://www.suicidepreventionlifeline.org/>

**Texas Advocacy Project, Family Violence Legal Line** | 800.374.4673 | <http://www.texasadvocacyproject.org/index.php>

**Texas Advocacy Project, Sexual Assault Legal Hotline** | 888.296.7233 | <http://www.texasadvocacyproject.org/index.php>

**Texas Child Protective Services Hotline** | 1.800.252.5400 | <http://www.dfps.state.tx.us/>

**Veterans Crisis Hotline** | 1.800.273.8255, Press 1 | <http://veteranscrisisline.net/>

## **Environmental Resources**

**Blue Zones Project** | 1300 Summit Avenue Suite 750, Fort Worth, TX 76102 | 817.869.0900 | bluezonesprojectfortworth@sharecare.com | <https://fortworth.bluezonesproject.com/>

**Earth911** | <http://earth911.com/>

**Guide to Sustainability in College & Life** | <http://www.accreditedschoolsonline.org/resources/going-green-at-school/>

**National Environmental Organizations List** | <http://www.eco-usa.net/orgs/national.shtml>

**Sustainability at the Environmental Protection Agency** | 1200 Pennsylvania Ave, NW (1807T), Washington, DC 20460 | 202.564.4700 | <https://www.epa.gov/sustainability>



## Financial Assistance

**Astra Zeneca Prescription Assistance** | 1.800.292.6363 | <http://www.astrazeneca-us.com/medicines/help-affording-your-medicines/azandme-prescription-savings-programs>

**Doctors Without Quarters** | 1015 Corporate Square Dr., Suite 300, Saint Louis, MO 63132 | 314.787.7399 | <http://www.dwoq.com/>

**Federal Student Financial Aid** | 1.800.557.7394 | <https://studentloans.gov/myDirectLoan/index.action>

**Glaxo Smith Kline Bridges to Access Prescription Help** | 1.866.728.4368 | <https://www.gskforyou.com/>

**Lilly Cares Prescription Help** | 1.800.545.6962 | <http://www.lillytruassist.com/aboutlillycares.aspx>

**Suze Orman Resource Center** | <http://www.suzeorman.com/resource-center/>

## Mental Health & Counseling Services

**Actively Moving Forward (AFM) Support Network for College Students** | 2934½ Beverly Glen Circle, #266, Los Angeles, CA 90077 | 1.888.489.9654 | <https://healgrief.org/actively-moving-forward/>

**Bereaved Parents of the USA** | National Office, c/o Katherine Corrigan, 5 Vanek Road, Poughkeepsie, NY 12603 | 845.462.2825 | <http://www.bereavedparentsusa.org/>

**National Alliance for Grieving Children** | 3500 North A Street, Suite A-2 | Midland, TX 79705 | 866.432.1542 | <http://www.childrengrieve.org/>

**National Suicide Prevention Lifeline** | 1.800.273.8255 | <http://www.suicidepreventionlifeline.org/>

## Occupational Health Resources

**American Association of Colleges of Pharmacy (AACP)** | 1727 King Street, Alexandria, VA 22314 | 703.739.2330 | [mail@aacp.org](mailto:mail@aacp.org) | <http://www.aacp.org/career/careercenter/Pages/default.aspx>

**American Association of Colleges of Osteopathic Medicine (AACOM)** | 7700 Old Georgetown Road, Suite 250, Bethesda, MD 20814 | 301.968.4100 | [webmaster@aacom.org](mailto:webmaster@aacom.org) | <http://www.aacom.org>

**Association of Clinical Research Professionals (ACRP)** | 99 Canal Center Plaza, Suite 200, Alexandria, VA 22314 | 703.254.8100 | office@acrpnnet.org | <https://www.acrpnnet.org/>

**American Physical Therapy Association** | 1111 North Fairfax Street, Alexandria, VA 22314 | 800.999.2782 | <http://www.apta.org/apta/hotjobs/default.aspx>

**ExploreHealthCareers.org** | <https://explorehealthcareers.org/career-explorer/> | Email comments and questions to feedback@explorehealthcareers.org

**Texas Academy of Physician Assistants** | 401 W. 15<sup>th</sup> Street, Ste. 100, Austin, TX 78701 | 800.280.7655 | admin@tapa.org | <https://www.tapa.org/amsimis/>

**Texas Hospital Association** | 1108 Lavaca, Suite 700, Austin, TX 78701 | 512.465.1000 | info@tha.org | <http://texashealthcarejobs.jobscience.com/JsrApp/index.cfm?prodApp=CC153C84-AF0B-4F17-A32A-75AEC3B65159>

**Texas Pharmacy Association** | 3200 Steck Avenue, Suite 370, Austin, TX 78757 | 800.505.5463 | <http://www.texaspharmacy.org/>

**Texas Physical Therapy Association** | 900 Congress Avenue, Suite 410, Austin, TX 78701 | 512.477.1818 | <http://www.tpta.org/>

**Texas Public Health Association** | P.O. Box 201540, Austin, TX 78720 | 512.336.2520 | txpha@aol.com | <http://www.texaspha.org/>

**U.S. Bureau of Labor Statistics** | Office of Occupational Statistics and Employment Projections | 2 Massachusetts Avenue, PSB Suite 2135, NE Washington, DC 20212 | 202.691.5700 | <https://stats.bls.gov/ooh/>

## Physical Activity Resources

**Centers for Disease Control and Prevention** | 1600 Clifton Road, Atlanta, GA 30329 | 800.232.4636 | <https://www.cdc.gov/physicalactivity/basics/index.htm>

[\*Return to Table of Contents\*](#)