

# OFFICE OF CARE & CIVILITY

## RECOVERY RESOURCES

### AL - ANON

Hope for Families and  
Friends of Alcoholics



Find information about Al - Anon [HERE](#)

### AL - TEEN

A Place for Teens  
Affected by Someone  
Else's Alcoholism



Find information about Al - Teen [HERE](#)

### NAR - ANON

12 Step Program for  
Families and Friends of  
Addicts



Find information about Nar - Anon [HERE](#)

### SHAMSA

Substance Abuse and  
Mental Health Services  
Administration



Find information and additional resources regarding substance  
abuse [HERE](#)

Care Team  
Care Team phone line: 817-735-2740  
Refer a Person of Concern

Student Health Clinic  
817-735-5051  
[StudentHealth@unthsc.edu](mailto:StudentHealth@unthsc.edu)

