



# RECOVERY MONTH 2022

Every Person. Every Family. Every Community.




Let's celebrate the gains and progress of those recovering from substance abuse and mental health!

National Recovery Month (Recovery Month) is a national observance held every September to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible.

- SAMHSA's National Helpline
- **1-800-662-HELP (4357)**
- **TTY: 1-800-487-4889**
- **Text: 435748**
- **[samhsa.gov/find-help/national-helpline](https://www.samhsa.gov/find-help/national-helpline)**

## SOCIAL MEDIA

-  @recoverymonth\_fv
-  @RecoveryMonthFV
-  @recoverymonthfv

**UNTHSC CARE TEAM**  
**Refer a person of concern**

