

National Drug & Alcohol Facts Week



Test your Knowledge

Check out the National Drug & Alcohol IQ Challenge [HERE](#)

Check These Facts Out

In 2021, approximately 80,411 people died from an overdose involving an opioid.

Among the 133.1 million current alcohol users aged 12 or older in 2021, 60.0 million people (or 45.1%) were past month binge drinkers.

About 20% of Americans who have depression or an anxiety disorder also have a substance use disorder.

DANGERS OF PRESCRIPTION DRUGS

MISUSE

Taking them beyond original prescription

+

ABUSE

Taking them recreationally

=

Drug dependence

Negative health side effects

How to Prevent Drug Abuse and Misuse

- Read and understand medicine labels.
- Use prescription drugs only as directed.
- Don't share prescription drugs.
- Refuse any offers to take them.
- Talk to the doctor about any concerns.