

Know the Signs of an Abusive Partner

The following are common signs of abusive behavior in a partner:

- Telling you that you never do anything right.
- Insulting, demeaning, or shaming you, especially in front of other people.
- Preventing or discouraging you from spending time with friends, family members, or peers.
- Preventing you from making your own decisions.
- Pressuring you to have sex or perform sexual acts you're not comfortable with.
- Intimidating you through threatening looks or actions.
- Intimidating you with weapons like guns, knives, bats, or mace.



**Build a
Domestic
Violence
Safety Plan**