



THE UNIVERSITY *of* NORTH TEXAS
HEALTH SCIENCE CENTER *at* FORT WORTH

Group Exercise Schedule

Tuesday.

HIIT w/
Madison
Lewis

5:10 - 6P

*Max: 20

Wednesday.

Yoga w/
Ashley
Steele

5:10 - 6P

*Max: 20

Friday.

HIIT w/
Oscar
Gomez

5:10 - 6P

*Max: 20

*Each class has a maximum number of participants