

# HAVE YOU HEARD ABOUT CARE TEAM?

They assist in the promotion of the health, safety, and wellbeing of our HSC community

## SERVICE

The Care Team serves as an interdisciplinary team, designed to support students by connecting them with resources and serving as an on-campus source of support.

Through the creation of a collaborative interdisciplinary team, the Care Team provides a caring, confidential program of identification, intervention, and response in order to provide students the greatest chance for success and the university community with the greatest level of protection.

## CONFIDENTIALITY

The Care Team operates under the Family Educational Rights and Privacy Act (FERPA) in a non-clinical, case management capacity, and does not provide psychotherapy. Information may be provided to appropriate faculty and staff members based on a business need to know and/or for health and safety reasons, and the Care Team always works to respect the privacy and dignity of the student.

## INDICATORS OF CRISIS

### 1. Academic Indicators

Excessive procrastination and poorly prepared work; decline in interest; repeated requests for special considerations

### 2. Emotional Indicators

Extreme or prolonged display of emotion (sadness, nervousness, fearfulness, etc.); change in personality, difficulty connecting with others or coping with life events

### 3. Physical Indicators

Chronic fatigue or falling asleep at inappropriate times; marked change in personal hygiene or appearance; noticeable or dramatic change in energy level;

“It was nice having someone listen to me and help me find my next steps for resources”

-HSC Student



## REFERRING

### HOW TO:

- Submit your concern through the Person of Concern Reporting Form



### WHEN TO:

- If you have a “gut feeling”
- Or if you notice a student exhibiting indicators of a crisis



## CONTACT

Scan the QR code above for the website

Email: [CareTeam@unthsc.edu](mailto:CareTeam@unthsc.edu)  
24/7 Line: 817-735-2740