

HAVE YOU HEARD ABOUT **CARE TEAM**?

They assist in the promotion of the health, safety, and wellbeing of our HSC community

"I needed help navigating a difficult experience. Care Team helped me find resources that best fit me and my situation."

-SPH student

SERVICE

The Care Team serves as an interdisciplinary team, designed to support students by connecting them with resources and serving as an on-campus source of support.

Through the creation of a collaborative interdisciplinary team, the Care Team provides a caring, confidential program of identification, intervention, and response in order to provide students the greatest chance for success and the university community with the greatest level of protection.

CONFIDENTIALITY

The Care Team operates under the Family Educational Rights and Privacy Act (FERPA) in a non-clinical, case management capacity, and does not provide psychotherapy. Information may be provided to appropriate faculty and staff members based on a business need to know and/or for health and safety reasons, and the Care Team always works to respect the privacy and dignity of the student.

INDICATORS OF CRISIS

1. Academic Indicators

Excessive procrastination and poorly prepared work; decline in interest; repeated requests for special considerations

2. Emotional Indicators

Extreme or prolonged display of emotion (sadness, nervousness, fearfulness, etc.); change in personality, difficulty connecting with others or coping with life events

3. Physical Indicators

Chronic fatigue or falling asleep at inappropriate times; marked change in personal hygiene or appearance; noticeable or dramatic change in energy level;



REFERRING

HOW TO:

 Submit your concern through the Person of Concern Reporting Form



WHEN TO:

- If you have a "gut feeling"
- Or if you notice a student exhibiting indicators of a crisis



Scan the QR code above for the website

Email: CareTeam@unthsc.edu 24/7 Line: 817-735-2740