

Blackout Drunk: The Two Types

People often confuse “blacking out” with “passing out.” However, an alcohol-related blackout involves losing your memory while you're still awake and conscious, meaning you can move around, interact with others, and seem fine to those around you. Read through the differences of two types of blackout and scan the QR code at the bottom of the page for more information!

BROWNOUT

You experience a fragmentary blackout, where you may have gaps in your memory combined with some recollection of events.

- ✘ BAC is between .012% and .014%
- ✘ Memory will be spotty
- ✘ May experience several hours of missing memories

BLACKOUT

You have no recollection of events because memories of what happened never formed, and if they do, you cannot access them.

- ✘ BAC reaches .016% (twice the legal limit of BAC in most states)
- ✘ May experience significant cognitive impairment
- ✘ May lack impulse control and the ability to make sound judgements
- ✘ May lead to increased drinking and risk of alcohol poisoning

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