## BE WELL WELL

## FEBRUARY

28 Be Well Power Hour: Game Edition

tuesday

Join the Division of Student & Academic Affairs for an afternoon break! Want to play cards with a friend or participate in a round of Wheel of Fortune? This power hour event is for you. In honor of Black History Month, several games will highlight African American historical facts, mental health and well-being resources. So come, relax, have fun with your peers and enjoy some games.

Time: Noon-1:00 p.m.

Location: IREB 230

HSC Well-Being Domain(s): **Knowing Yourself, Community Belonging & Navigating** 

**Individual Needs** 





