Living with or caring for someone with Alzheimer’s disease or a related dementia is a dynamic process, constantly changing. Every day can bring joy and challenges for the person with dementia, the family caregiver and the health care professionals tasked with caring for these special people.

Join the Alzheimer’s Association—North Central Texas Chapter for the 2012 Spring Symposium. You will come away from this event with new ideas for care and management of Alzheimer’s disease, as well as information about the latest research, legal issues and much more. Whether you are a family caregiver or health care professional, you will benefit from hearing Alzheimer’s experts, visiting with senior care companies and networking with family caregivers and health care professionals.

**SYMPOSIUM COSTS** *(Lunch is included.)*

<table>
<thead>
<tr>
<th>Professionals (Registering before March 16)</th>
<th>$75</th>
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<tbody>
<tr>
<td>(Registering after March 16)</td>
<td>$90</td>
</tr>
<tr>
<td>Students, CNAs, Ministers and Professionals (no CEUs)</td>
<td>$40</td>
</tr>
<tr>
<td>Family Caregivers</td>
<td><strong>No Charge</strong></td>
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*The Alzheimer’s Association is pleased to offer this program at no charge to the family caregiver. Donations are encouraged and appreciated.*

**REGISTRATION INFORMATION**

Faxed registration will only be processed if payment is made through a credit card. Do not mail registration form following faxed registration. Please fax registration form to 817-336-4966. You will receive confirmation by mail if registered by March 16, 2012. On-site registration will be available as space allows.

**REFUND POLICY**

Refunds will not be given, but substitutions are welcome if you are unable to attend.

**FOR MORE INFORMATION**

Please call 1-800-272-3900 or visit www.alz.org/northcentraltexas.
2012 SPRING SYMPOSIUM
SPEAKERS

KEYNOTE SESSION
Libby Embry
Libby Embry is a wife, mother, grandmother and Alzheimer advocate. She is a long time resident of Abilene, Texas, who taught middle school for over 20 years, but in 2008, her life took a different turn. She was diagnosed with young-onset Alzheimer’s disease. Hear from Libby and her family as they share their journey.

GENERAL SESSION
Meharvan Singh, PhD
Meharvan Singh, PhD has been a featured speaker at many Association events. Dr. Singh is the Director of Translational Research and Education with the Institute of Aging and Alzheimer’s Disease Research at the UNT Health Science Center (UNTHSC). He also serves as Director of Research for the Center FOR HER at UNTHSC. He will be presenting information on the current direction of Alzheimer’s research and what every citizen can do to further the cause.

Jim Audet, Medicaid Counselor
Jim Audet is co-owner of Medicaid Counseling Services. Jim and wife, attorney Michele Audet, work together helping seniors secure their future by accessing Medicaid benefits.

Kim Bell, LPC
Kim Bell is a licensed professional counselor working with caregivers of people with dementia. Ms. Bell’s work focuses on promoting caregiver health through home visits, one-on-one counseling and phone consultations.

Dee Bergan, JD, MA
Ms. Bergan is an elder law attorney, eldercare mediator and medical ethicist. She is President of E-Senior Services, a web-based company that offers information and resources to help older adults, family caregivers, health care professionals and employers address age, illness and disability-related challenges.

Samuel Brinkman, PhD
Dr. Brinkman is a clinical neuropsychologist in Abilene, Texas. Since 1980, he has been involved in research and care for patients with dementia. Dr. Brinkman developed Gray Matters® Assessment System, a computerized tool used to screen accurately and economically for the earliest symptoms of Alzheimer’s disease.

Natalie Davis, MA, ACC
Natalie Davis is a certified activity professional and owner of ActivTimes Consulting. She is a featured speaker at professional conferences and has also done training for family caregivers.

Heather McKay, MS, OT/L
Heather McKay, MS, OT/L is a dementia care specialist and owner of Partnerships for Health, a company providing dementia training to family caregivers and health care professionals. Ms. McKay is also a member of Dementia Care Professionals of America.

Amy Moss, DO
Dr. Moss is Assistant Professor of the Division of Geriatrics, Internal Medicine Department at the UNT Health Science Center. She serves senior adults and their families through the Gerontology Assessment and Planning Program at UNTHSC. In addition, Dr. Moss has served as medical director for hospice care and long term care facilities.

Todd Whitthorne
Todd Whitthorne is president and chief executive officer of Cooper Concepts, Inc., and executive director of Cooper Wellness Program, a division of Cooper Aerobics Center. Mr. Whitthorne graduated from UCLA with a degree in kinesiology.

Lori Windal, RN
Lori Windal is a nurse with over 12 years experience in hospice care. She currently serves as the volunteer coordinator for Hospice of Wichita Falls.

PANEL DISCUSSIONS
The Generational Experience of Alzheimer’s Disease
Facilitated by Howard Gruetzner, MEd, LPC
Libby Embry, person with young-onset Alzheimer’s disease
Jerry Embry, husband of Libby
Lara Embry Benavides, daughter of Libby
Synott Embry-Salas, grandson of Libby

The Nuts and Bolts of Legal Planning
Facilitated by Steven Katten, Attorney
Catherine Goodman, Attorney
Mary Jo Pleva, Geriatric Care Manager
Rick Weaver, Attorney

CNE INFORMATION
Nursing Goal
The purpose of this activity is to provide the registered nurse with current information related to the care of patients with Alzheimer’s disease. The goal is to enable the nurse participant to contribute to quality health care by adequately communicating with patients and their caregivers about care issues, trends and directions in research and policy, and threats to patient safety and desired outcomes.

Nursing Objectives
• Identify at least 3 techniques for maintaining caregiver health through activities that promote mental and physical health
• Explain the use of at least 2 communication guidelines and 2 behavioral modification techniques that serve a basis for person-centered care
• Communicate recent advances in Alzheimer’s disease research for potential implications in future recognition

To receive a certificate of completion, participants are required to attend the activity session and return a completed credit request form and evaluation at the end of the activity.
2012 Spring Symposium
AGENDA

7:30 a.m. - 8:15 a.m.  REGISTRATION

8:15 a.m. - 9:30 a.m.  KEYNOTE ADDRESS
The Generational Experience of Alzheimer’s Disease  Libby Embry and family

9:45 a.m. - 11:00 a.m.  BREAKOUT SESSION I
In-depth Discussion of Alzheimer’s Disease  Heather McKay, MS, OT/L
Moving a Loved One with Memory Loss  Amy Moss, DO
Meaningful Activities for People with Dementia  Natalie Davis, ACC
Medicaid Eligibility 2012: a Pathway to Approval  Jim Audet, Medicaid Counselor

11:15 a.m. - 12:30 p.m.  BREAKOUT SESSION II
The Nuts and Bolts of Legal Planning  Legal Panel
Hard Choices for Loving People: a Closer Look at Hospice  Lori Windal, RN
Understanding Behavior Within the Stages of Alzheimer’s Disease  Heather McKay, MS, OT/L
The Path to a Cure: Understanding Clinical Trials  Sam Brinkman, PhD

12:30 p.m. - 1:45 p.m.  LUNCH/EXHIBITS

1:45 p.m. - 3:00 p.m.  GENERAL SESSION
A Call to Action: What You Can Do about Alzheimer’s Disease  Meharvan Singh, PhD

3:15 p.m. - 4:30 p.m.  BREAKOUT SESSION III
Effective and Respectful Communication  Heather McKay, MS, OT/L
Activities for Promoting Brain Health  Todd Whitthorne, Cooper Aerobics Center
Staying Sane in a Caregiving World  Kim Bell, LPC
Managing Conflict within Families  Dee Bergan, JD

4:30 p.m. - 4:45 p.m.  EVALUATION

REGISTRATION FORM

Name  ❑ Family Caregiver  ❑ Professional  Degree  Organization

Mailing Address  ❑ Home  ❑ Office  City  State  Zip

Daytime Phone Number  E-mail Address

Will you be staying for lunch?  ❑ Yes  ❑ No  Lunch Selection  ❑ Salad (vegetarian)  ❑ Sandwich

PLEASE CHECK OFF THE TYPE OF CONTINUING EDUCATION NEEDED
❑ LNFA – 6 continuing education clock hours (pending approval)  Must provide license no.
❑ Other Administrators (assisted living, hospice, home health, personal assistance services) – 6 continuing education clock hours (pending approval)
❑ Activity Professionals – 6.0 clock hours (pending approval)
❑ Social Workers – 6.0 continuing education units (approved)
❑ Nurses – 6.5 contact hours for the nurse (approved)

SYMPOSIUM PREFERENCES – Choose one from each session.

SESSION I  ❑ In-depth Discussion  ❑ Moving a Loved One  ❑ Meaningful Activities  ❑ Medicaid Eligibility 2012
SESSION II  ❑ Legal Planning  ❑ Hard Choices for Loving People  ❑ Understanding Behavior  ❑ Understanding Trials
SESSION III  ❑ Effective Communication  ❑ Activities for Brain Health  ❑ Staying Sane  ❑ Managing Conflict

METHODS OF PAYMENT

Amount  $  ❑ Check – Payable to Alzheimer’s Association  ❑ Credit Card

Credit Card  ❑ VISA  ❑ MasterCard  ❑ American Express  ❑ Discover
Credit card payments can be faxed to 817-336-4966.

If paying by check, mail this form and your check to:
Alzheimer’s Association, 2630 West Freeway, Suite 100, Fort Worth, TX 76102

Check No.  Exp. Date  ❑ Signature

Credit Card Holder’s name as it appears on the card
Building Your Toolbox

2012 Spring Symposium

Presented by Alzheimer’s Association

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